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THURSDAY, OCTOBER 23RD, 2014

Don't forget to turn your clocks back this Sunday! Row breaks out as council cabinet decides it needs an extra man! See page 31 for details

'SPECIAL DELIVERY FOR MR CAMERON...



Yes, it is that No 10! Vale MP Alun Cairns and GEM general manager Caroline Attya are making a special delivery. (See page 12 for a report).

Vandals cancel fireworks display

THERE will be no fireworks display by the Rotary club of Maesteg this year at Maesteg Rugby Club, because of ongoing work to repair damage caused by vandals last year.
"We understand that

most people will be disappointed with this decision as are we and the rugby club," a Rotary Člub spokesman said.

"But health and safety dictates the decision. Hopefully, this time next year we will be able to go ahead and put on an even bigger display.

"Obviously this means that the Rotary Club is limited in the amount of financial assistance we can give to local charities but hope to increase the amount of bucket collections and other schemes, so that we can continue in some part to support our charities.

If anyone is interested in joining Maesteg Rotary Club to help charitable causes, contact Tal Harries on 01656 711078 or Viv Gage on 01639 870442.



ABOVE: The late Hugh Walker's parents, Ben and Pat, in front of triathletes at a competition organised in his memory. (SEE PAGE 11 FOR THE FULL STORY)

CRIBWR MAN (22) JAILED FOR EN ATTA

A "FEARFUL situation" occurred when two men were confronted by an armed drunk, Cardiff Crown Court has heard.

Aaron Lydden (22), who was drinking from a flagon of cider, said to one of them: "Come on, I'm going to burn your substantial convictions and problems house down," said prosecutor Jason

vas jailed for a year.

had admitted possessing an He had admitted possessing an "A pre-sentence report indicates that offensive weapon, a metal bar, possessing you are at high risk of re-offending. You

Report by AJ SICLUNA

a bladed article, a Stanley knife blade, and causing actual bodily harm.

Said Recorder Jonathan Furness OC: with alcohol and drugs

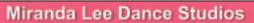
There is something in your past you Lydden, of Heol Castell, Cefn Cribwr, are not prepared to discuss and you need assistance with that.

The Recorder added: "Sentences can only get longer, the more offences you commit. You now have an opportunity to make a fresh start."

Mr Howells said that at about 7.45pm on May 31, Mark Bodenham (41) and Gareth Groom (32) were walking near Kenfig rugby pitch when they saw Lydden crouched against a wall.

He was drinking from a flagon of cider and they asked if he was okay

(CONTINUED ON PAGE 11)



Ballroom & Latin American Dancing

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Committed congregation who are trying to change the world for the better

reading the national press to despair and think that the world is falling apart - there is terrorism, a deadly virus, corruption, murder - all before vou have moved past page two!

That's why I am glad I come home every week from Westminster, because then my perspective changes. I can see at a local level committed people working to change their world for

the better. On Sunday, I attended the opening of Hope Church in Newton, Porthcawl. You may not know this small church tucked behind the Globe Garage in Porthcawl, despite its having been there for almost 200

The congregation was mostly elderly and they met for worship in the room next to the church, which had fallen into deep decay from the rain entering through the roof. The congregation loved their church and felt a responsibility for those who had worshipped there before them

Then two new members joined the congregation and things

THE October

president Lyn

Griffiths who

welcomed new

members and

for absence.

meeting of Coity

WI was opened by

received apologies

of special interest: the

first was the reception of

which was won for Coity WI by our team of

four ladies, namely, Ann Gore, Val Clatworthy,

Lvn Griffiths and Hilary

John. Congratulations

were warmly offered.

The second exciting

piece of news was that Coity WI are to offer a

members the opportunity to study at the WI

college. This was very

well received by those

The speaker for the

evening was our own

in when the scheduled

Denman College bursary, to give

the GFWI annual darts

championship trophy,

There were two items

WESTMINSTER **NOTEBOOK**

Bridgend MP MADELEINE MOON writes an exclusive column from Westminster for The GEM.



museum and key

tourism attraction for

the offing. Porthcawl Town

Council is talking of yearly grants to help

infrastructure and

lavout of the building

provide match funding

for grant applications.

We will need to see

more of this in the next

will increase. Bridgend

find £50 million in cuts

so anything but central

health, education and

will almost certainly

need to look to being

reorganisation comes in

the manifesto of the Welsh Assembly

elections in 2016, we

will see councils merge

This will bring new

to a size more like the

old county councils.

responsibilities for town and community

councils. Some have

Carnegie House; the

old town centre library

They, too, have a lease from BCBC and have

turned the first floor of

this fine building into a town council chamber.

they created an open

arts community space that can seat 100

people in a variety of

Bridgend has long

wanted an arts venue

On the ground floor.

and grabbed the

already understood this

When Local

self-funding.

Government

roles and

environmental services

few years. Austerity

Council has now to

and, importantly, to

improve the

the town with a lease in

A big banner was placed outside calling for help. Along came a couple from Merthyr on holiday in Porthcawl. They saw the banner and brought expertise in applying for grants and business planning and well the rest is history.

the building water tight.

A grant accessed via Bridgend Council has brought the back room a new life, new toilets, kitchen, carpets, no damp and a new space to service the community. The church still needs work doing, so if you know a double glazing company that would like a challenge, or a builder who can take off the old render and restore the woodwork. let me know!

At the church, I talked with members of

speaker was indisposed.

Teri's skills as a gifted

potter were known to

Two specials for

the price of one!

partnership between the borough and town councils, it has one. I am eager to support them and plan to use issues people care

Enthralling address I STARTED last Friday with Chris Bryant MP talking about his books setting out The Biography of Parliament. For an hour Chris kept his British democracy seen through events over almost 1.000

He then took questions for a second hour and people spilled out into the night delighted and informed

Next comes Hugh Bailey MP who, like me, is one of the UK18-member Parliamentary Assembly. Hugh has been elected as

He is coming to Bridgend to talk and answer questions about Nato in November.

after the highly successful Nato conference in

Walley MP, Chair of the Environmental Audit Select Committee, will talk about climate change

and energy.

I have chosen these topics and speakers but I already have a long list of issues around a format of talk and questions and answers.

be a small start

some of the group, but we hadn't discovered opportunity. Maesteg Town Council give what a very talented speaker she is, modest grant aid to the trust which runs the old and witty in her Town Hall, and have a presentation, but offering lease on their town a world of experience. council building from Her accounts of her Bridgend CB Council disasters were funny and Bridgend Town Council took on

illuminating and made light of the technological knowhow needed to produce lovely bowls and dishes

The craft group will meet today (October 23) when Mrs Margaret Dunlop will share her skills in making embroidered Christmas

stockings.
On October 29, the luncheon club will meet at the Llangeinor Arms; and the coffee morning is on November 14 at 10.30am at Costa Coffee, Bridgend.

The next meeting will be held on November 20 at Gilead Church Hall, Coity, at 7pm. New members welcome. Teri Moore, who stepped

the venue as discussion space, bringing opportunities for debate and examination of

audience enthralled with the evolution of years in Westminster.

delegation to the Nato president of the assembly for two years by the other 27 member

This seemed especially appropriate September.

In February Ioan

It is easy to be depressed by the big issues that make you feel over whelmed but much better to be inspired by the works and words of others around you.

So many people are working hard to improve our world at local and national level We need to hear more about them and from

Hopefully, this can

The GEM welcomes your news, views and other items of local interest - email us at:

gemeditorial@tindlenews.co.uk

GEM Readers' Letters

Armistice Remembrance in Porthcawl

ORTHCAWL branch of the **Royal British** Legion will hold its Remembrance Service on Sunday, November 9 at

10.30am in All Saints Church, Victoria Avenue. Porthcawl.

All townspeople religious denominations and other organisations are invited to attend this Armistice Service, and we especially invite those organisations who have a Standard or flag to take part in the service. There will be no

parade, but decorations will be worn. Please note that refreshments will be served in the church hall following the laying of

minutes' silence with the Exhortation and Last Post at 11am at the Bandstand John Street Porthcawl, on Tuesday, November 11.

Participants are asked to assemble at 10.45am. You are welcome to attend. Contact Ray Street on 01656 771214.

All associations that have a wreath each year will automatically be included on the ordering

Any new associations that require a wreath are requested to contact the Poppy Appeal Organiser, Mrs Suzanne Rosser, on 01656 784859.

David Richards, MBE (Chairman, Porthcawl branch and Coun Sean Aspey, Mayor of Porthcawl)

HIGH AIR FARES

RECENT story reported a reduction in service to Scotland by CityJet due to low passenger numbers; one reason for this could be that the fares are too high.

Here are some actual fares for flights to Edinburgh from Cardiff, compared with those from Bristol: Cardiff – two flights at £79.68 and £95.68 respectively; taxi to airport £20. Bristol – three flights at £32.99 and one at £38.99.

Train, Cardiff to Bristol Airport £12.50 with a railcard, and free bus Cowbridge to Cardiff.

I use Bristol. There must be a reason why budget airlines like Easyjet and Flybe don't fly from Cardiff

Edgar Lloyd, Cowbridge

FIRST WORLD WAR **COLLECTION WILL** REMEMBER THEM

A maior new collection documenting the impact of the First World War on communities in Bridgend county borough will be unveiled by the Glamorgan Archives next week.

Summoned From the Hillsides is a free online index which shows how the lives of ordinary people, as well as those fighting at the front. were changed forever by the conflict.

From Monday, October 27, the public vill be able to access information including school log books, local authority minutes, police news cuttings, autograph books, letters home from the front and war diaries.

The records can be used for public research, as well as informing people about community events, local commemorations, family trees and the histories of return home.

towns and villages across Glamorgan

To mark the unveiling of the collection, which was compiled by volunteers at the Archives, a special launch event will be held in the Llynfi Room at Glamorgan Archives from 2.30pm on Monday The event will feature

work by school pupils who have investigated the First World War, and the effect it had on their own localities

Coun Phil White, cabinet member for communities, said: "As we approach the centenary of the First World War, it is more important than ever that we take the time to reflect on the impact it ad on our communities

"The bravery of our young men, and the sacrifices they made fighting on the Western Front, is something that we may never fully be able to understand – no the hardships and suffering of their loved ones when they failed to

'Lessons of deficit still not learned'

T a time of austerity, job losses among council employees and no pay rises for the majority of BCBC staff, the Labour administration in Bridgend used its majority on the council to increase the size of the cabinet from six to seven.

The person appointed to this role is Coun Charles Smith, who will now receive £16,000 on top of the £13,000 he already receives as a councillor.

This is an extra £16,000 that council taxpayers have to fund, at a time when they are already being asked to pay an extra 4.8 per cent on their council tax from next April.

The size of the cabinet in Bridgend has remained at six for the past 12 years but, apparently, they are now so over-worked that they are having to put in eight and nine hour days in return for their pay of £29,000 a year.

So, it has been decided to lighten their load by appointing a seventh cabinet member.

How many workers reading this, most of whom earn less than £29,000, would like help to reduce their workload in their eight or nine

hour days? Most people would be delighted to receive a remuneration of that magnitude especially as the new role created does not, as yet, have any defined responsibilities attached

I suggest that residents of Bridgend borough go to the council website at www.bridgend.gov.uk/co nsultation and make their views known about where the council could make savings on their budget.

I suspect that very few will think that increasing the size of the council cabinet in these times is a good way of spending scarce resources

And please remember, the next time you hear Labour councillors moaning about the austerity measures coming from the Conservative-led Government in Westminster, that they are needed to pay off the debts accumulated by a spendthrift and wasteful Labour Government.

It appears that the lessons of the deficit have not yet been learned.

Coun Ken Watts, Welsh Conservative councillor, Newton.

DIGBY JONES NOT A **CONSERVATIVE PEER**

IN last week's GEM, a letter-writer described Lord Digby Jones as a "Tory peer".

The GEM has been asked to point out that Lord Digby Jones served in Gordon Brown's 'Government of all the talents" and when ennobled, he chose to sit as an independent.

HIGH TIDE TIMES (UNTIL OCTOBER 30)

The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary. For instance, in Barry, the high point

will be 20 - 25 minutes later

DATE Time Ht Time AM M PM M 23 Thur 06.49 9.5 19.04 9.6 24 Fri 07.22 9.7 19.38 9.8 25 Sat 9.9 07.59 9.9 20.11 26 Sun 07.34 9.9 19.48 9.8 27 Mon 08.11 9.7 20.25 28 Tues 08.48 9.5 21.08 9.4 9.3 29 Wed 09.31 21.54 8.9 30 Thur 10.22 8.8 22.52

While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.

We abide by the code of practice upheld by the Independent Press Standards Organisation (IPSO). This contains provisions for issues such as accuracy.

If you have a complaint, write to us at the address low, left, or call editorial manager Don John on 01446 774484. All complaints will be fully investigated. If you are not satisfied with the outcome, you may wish to contact IPSO c/o Halton House, 20-23 High Holborn, London ECIN 2JD. Website: www.ipso.co.uk. Tel: 0300 123 2220. E-Mail: complaints@ipso.co.uk. Enquiries: inquiries@ipso.co.uk.

LOCAL WOMAN'S CANCER DRUG APPEAL IS IN THE BALANCE

by PHILIP IRWIN

ELIZABETH RICHARDS is the type of lady who apologises for not getting to the phone quickly enough – even though she is undergoing treatment for cancer!

Elizabeth, who lives in Ogmore-by-Sea, is not comfortable making a fuss – but her situation has forced her to do just that.

The simple fact is that 12 months ago, she asked to be put on the anti-cancer drug Avastin and was turned down.

She made no fuss at the time and she and her family took on the cost of the treatment – two injections per month at

£1,000 a time. Now, with evidence that the drug has had a beneficial effect over the last year, she is running out of cash and has re-appealed to the Cardiff and Vale Health Board – this time with strong support from her consultant

She also has the support of Vale MP Alun Cairns.

He said: "For the past year Miss Richards has paid the huge sum for

ABOVE: Elizabeth Richards has the support of Alun Cairns MP as she appeals to be treated with the anti-cancer drug Avastin.

the drug Avastin knowing that if she lived in England, the drug would be provided

Elizabeth told The GEM that she had absolutely no complaints over her treatment. This was an issue concerning allocation of resources

She said: "All the hospital staff – at the Princess of Wales and at Velindre – have been brilliant. Ever since I was first diagnosed, I have had excellent care

Ironically, Elizabeth has spent 40 years working in the NHS, most of that time as a radiographer at the Princess of Wales.

After her official retirement, she continued to work in that post for a few days a week, and when she complained of pain in her shoulder, a prompt X-Ray meant that a cancerous tumour was

spotted quickly. Elizabeth said: "The tumour was on my spine and I started having treatment at Velindre. My consultant said that Avastin was the only other drug I could take but, to be

frank, she was not convinced it could

help." Elizabeth decided to pay for the drug, and also appealed to her local health board to see if it would fund the treatment

Initially, she appealed to Abertawe Bro Morgannwg University Health Board, but was turned down because she should have applied to Cardiff and Val Health Board.

However, that health board also turned her down

"I am incredibly

grateful to the support shown by my family

this drug my life is

family to have to

nothing short of scandalous.

and friends, but without

going to be significantly shortened."

Alun Cairns said:

"For an individual and

shoulder the financial

burden for a drug that

works so effectively is

"I do not wish to

criticise the staff in the

hospitals who perform a magnificent job.

However, an individual that is receiving such an effective drug should

not have to pay such an enormous amount of

money simply because they happen to live in Wales.

"This is a stark and

very upsetting example of how health policy in Wales can impact upon

people's lives. I would ask, how many people

spokesperson said: "We

cannot comment on

individual cases.

Avastin has been appraised by the

We remain

committed to fighting cancer but while

National Institute for

Health and Care Excellence (NICE) for

use in the treatment of

certain cancers, it has not been approved for routine use in the NHS

in England or Wales. "If a clinician

believes a patient will gain significantly more benefit from a treatment

can afford to spend £2,000 per month on a potentially lifesaving

drug?"
A Welsh

Government

In the meantime, however, there had been encouraging signs for Elizabeth.

She explained: "The position of the tumour was causing intense nerve pain. Many people feel that is the worst type of pain, and it was absolutely

excruciating!
"However, when the very first Avastin injection was made, the pain went away almost immediately."
That exciting news

was no flash in the pan. Elizabeth has had no pain since that day something that has made a huge difference to her quality of life.

The monitoring of the treatment has been encouraging, and Elizabeth said: "The last three scans have been brilliant"

The positive results ever since she started taking Avastin have encouraged her to believe that she has a chance of a successful

appeal this time around She said: "My consultant says that my response to Avastin has been so good that it must give me a good chance on appeal.

Ever since her diagnosis, Elizabeth's family has been a massive support for her. Her sister, Carol-Anne Lonsdale, has been ever present, and takes her for treatment in Velindre Hospital

regularly. Elizabeth said: "To be denied the drug Avastin that is having such a positive effect is

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which is not routinely available on the NHS. they can apply to their health board for funding through the Individual Patient Funding Reques process.
"In Wales, all

medicines approved for use by either NICE or the All Wales Medicines Strategy Group are routinely available to all

eligible patients.

"We are proud that patients have such access to proven and cost-effective treatments for all conditions."

Legion celebrates with Grand Pavilion concert

2014 marks a special year for the Porthcawl branch of the Royal British Legion: the 100th anniversary of World War One coincides with the 90th anniversary of the branch.

This will be marked with a special

concert at the Grand Pavilion on November 7 at 7pm.

The Poppy Appeal team last year involved youth groups in our fund raising activities. All the Cadets forces and St Johns Ambulance Brigade will be taking part in military acts of remembrance plus guest speakers, a spokeswoman said



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Sky dive boosts the mayor's charity fund



THE Mayor of Maesteg's charity fund for 2014/15 got off to a 'flying start' with a charity sky dive at Swansea Airport.

Rob Jones, co-owner of Lizzie's Candy in Maesteg Market Square was the daredevil who flung himself out of a plane at 12,000 feet to raise money for Alzheimers and dementia sufferers in the

community.
Michael Banks, chair of the Mayor's Charity Fund said: "We are very grateful to Rob for doing the skydive on behalf of the Mayor, and we have raised over

£1,500 towards the fund. We would also like to thank all those who contributed either by sponsorship or through the bucket collections.

"We are planning lots more events over the coming months, including a country and western evening, a curry night and a family fun

day. "We will be publishing details very soon. The next event is a social evening at the Royal British Legion Club, in Maesteg, on Saturday, November 22. Tickets will be available from the club, so please come along and support the Mayor's Charity

Welsh Museum Festival Week was extended!



THE Welsh Museum Week at Porthcawl Museum proved such a success that the Belgian Refugee Exhibition' continued into the following week, concluding on October 18.

Throughout the fortnight, visitor numbers maintained a significant level with many a feedback form registering the 'top 5 tick-box. Comments were as they have been all year, extremely complimentary.

Rhiannon Davies and Caitlin Bennett (pictured) from Gwent, were the winners of the Belgium 'Write a postcard home 1914' . competition. Both girls captured the essence of what it would have been like to be a refugee in Porthcawl during World War One.

The girls are pictured holding their winning entries and selected gifts, inside the 'Trench Experience.' Well done

Choir returns to Netherlands for liberation celebrations

to visit the city of mixed choir, Gemeng'd s'Hertogenbosch in 1944 by the 53rd Welsh Division.

The division drove the Germans out of the city after a hard-fought battle over four days and at a cost of 146 dead and hundreds wounded.

hundreds wounded.

For many years since, no known grave.
the city has invited a choir from Wales to attend the annual memorial on the nearby commemoration at the Pilkem Welsh memorial, sited in Langemark. Welsh Division Square.
The Bridgend

choristers will have a the memorial on the morning of October 26, followed by a 'sold out' evening concert at the Heronimus Bosch Arts Centre, which will be shared with soloists from

the residents of the De Taling Nursing Home campus with other and an impromptu 'a participants. Tickets, capella' performance at £7.50, are available from the magnificent St Jan's a number of outlets in Cathedral on the main Bridgend town.

City square. On the

BRIDGEND Male evening, choristers will Choir has received share a social evening its second invitation with the 125-strong host

On the homeward this time to help journey to Calais, the commemorate the three coaches will pass 70th anniversary of through Flanders and the the city's liberation choir plans to sing at the Menin Gate in Ypres The monument records the names of some 54,000 British and Commonwealth soldiers who were killed in the Ypres Salient during the Great War, but who have

Welsh Ridge k. This the area named the 53rd dedicated to all Welsh Welsh Division Square. men and women who served during the Great War and was unveiled busy schedule, singing at this year by Wales' First Minister and Bridgend Choir patron, Male Carwyn Jones.

Upon the choir's return it will be preparing to appear in On October 27, a 8, Poppy Appeal concert concert will be given for the residents of the De Taling Nursing II. the Saturday, November

TIM O'HAGAN the following (Bridgend Male Choir)

Poetry in Porthcawl

THE next 'Verse and Vine' evening, presented by Sustainable Wales, will feature 'shorter poems' in the Green Room, 5, James Street, Porthcawl, on Thursday, October 30, at 8pm.

Presented by Frank O'Connor and Brian Roper, with Robert Minhinnick as MC, the evening will feature Haiku, Tribannau, shorter poems, and an

open mic.

All are welcome (£3 entrance). Telephone 01656 CERI JOSEPH 783962 for more information.



PUPILS COLLAR A DESIGN

YEAR-13 at Porthcawl Comprehensive have been working on designs for collars, as part of their Alevel syllabus; however, their work took an interesting turn when they were given the opportunity to display their work in the Lewis store at John Cardiff.

After initial discussions, it was decided they would work with the visual merchandising team and the collars the pupils made,

primarily from wool, would be shown during British Wool Week during October.

The pupils then had the chance

to visit the store for a look behind the scenes of the visual

merchandising department.

They visited the workshops, gained an understanding of the corporate image of the store and were amazed at the amount of hard work and serious effort involved from a very dedicated team in the department.

The same team had recently worked through the night putting up Christmas decorations at the

end of September ready for a media launch at 8am in the morning!

The pupils had a wonderful time and enjoyed seeing their work displayed in a professional

They have even been invited to do more similar work with the store next year.

We are all very thankful to John Lewis for giving the pupils the amazing opportunity.

JULIE HOWELLS (art department)

PATIENTS GIVE UNIT AT **PoW THE THUMBS-UP** FOR PRE-ASSESSMENT

The preassessment unit at Princess of Wales Hospital. Bridgend, has scored almost 100 per cent in a patients' satisfaction

survey. "Out of more than 1,300 responses, all but two were positive - and the two exceptions were not so much negative as suggestions for improvements," said Brenda Partridge, lead nurse for acute pain and pre-assessment services

at the Bridgend hospital. "It's excellent for staff morale to know their work is so highly regarded by the people who use the service

Patients aged 16 and over who are referred for surgery visit the unit in advance of their operation to make sure they are fit for the procedure and for anaesthetic, and to identify any potential risks.

The team also gives patients information to help them make an informed decision on whether they want to go ahead with the operation.

Pre-assessment sister

Denise Williams said: We do all of this in advance to reduce the chances of their operation being postponed on the day of surgery.

"Pre-assessment can improve their experience in hospital. while providing them with all the appropriate information and also helps relieve their

anxiety."

On average, the unit sees 32 patients a day, and sometimes more. Most of them come from the Bridgend and Neath Port Talbot areas though some travel from Swansea and

occasionally beyond including Aberystwyth and north Wales.

As well as Brenda and Denise, the team includes sister Carole Ames; nurses Louise Shaughnessy, Lindsey Davies, Janet Thomas, Sandra Enos and Meryl Lawler; health care support workers Helen Hart and Judith Walker Halstead: clinical coordinator Liah Davies; and receptionist Sarah Carlton.

They work closely with anaesthetists, surgeons, physicians. GPs, specialist nurses and other health care professionals

NEWS IN BRIEF MP's advice

THE Ogmore MP Huw Irranca-Davies will be holding a surgery between 3pm and 4pm at Ogmore Valley Life Centre, Aber Road, Ogmore Vale, on Friday, October 24.

Charity lunch

THE local committee for Cancer Research will be hosting an autumn lunch at The Hi-Tide Inn

The Initial and In

Denise said: "We also you to recommend this have anaesthetic sessions three times a week. If the nurse has any queries about a patient, the anaesthetist will look at the patient's notes and give advice, or if necessary bring the patient in to review

them in person." Last year, the preassessment unit became one of the first to introduce the Friends and Family survey at Princess of Wales Hospital. Patients, relatives and

carers are asked to complete a form that asks one simple question: How likely are ward/unit to friends and family if they needed similar care or treatment?

They can tick one of six possible responses, ranging from extremely likely to extremely unlikely. There is also a

space for comments. Brenda said: "From July 2013, when it started, up until now we have had more than 1,300 positive responses from patients.

"We have only had two that were not positive - and we are actively looking into those suggestions now."

Concert will be a tribute to heroes

Poppy Appeal gala branch of the Royal concert hosted by British Legion. the Mayor of the Bridgend.

Wayne Morgan, local the First World War. resident Delyth Owen It is a wonderful and myself, it will commemorate the centenary of World War One with Bridgend Male Voice Choir, Bridgend Castle Players, Pencoed Silver Band, 1092 Sqn Air Cadets, solo classical singers and other

Tickets, £7.50, are on Bridgend town centre, including Candy Shack, Ella Riley Sweet Shop, Beth Daniel Hairdresser

I AM writing to and Top's Associates inform the readers Hairdresser. All proceeds of The GEM of a will go to the Bridgend

I am sure the readers County Borough of of The GEM would want Bridgend, Coun to be involved in this Gary Thomas, on event, which will Saturday, November provide a fitting tribute 8, at 7pm, in the to our war heroes as part
Sony Theatre in of our community's efforts to mark the Organised by Major centenary of the start of

> It is a wonderful way to express public support for members of the Armed Forces, both past and present, in Bridgend county borough.

> I would encourage as many members of the public to join us for this spectacular show and to get vour tickets early, as they are limited.

Coun David White, (Newcastle ward, Bridgend)

Porthcawl school is proud of its links to the past

began life with lessons held in the porch of the local church, has been presented with a modern new painting to help preserve

its links with the past.

Newton Primary School in Porthcawl began life with lessons held in the porch of the parish church of St John the Baptist. A schoolroom, which is now Newton Church Hall, was later built before the school moved to its current site in New Road in 1908

The school's links with the parish church are reflected in its logo, which features an image of St John's, and now these links have been strengthened with the presentation of the painting on display in the school foyer. The idea for the painting came from assistant parish priest, Rev Craig Vaughan, during a visit to the school when a large old picture of St John's was taken down from the school hall while redecorating work was carried out

He suggested it be replaced with something more modern and commissioned local artist and parishioner Peter Mills includes "We wanted to ensure that this visual link with the Achieve"

is a great joy for us to formally present this to the school and we hope it will be a sign of many years future co-operation," said Mr Vaughan. Acting headteacher Rachel John said: "We loved

the idea from the start, as it is a fantastic way of keeping the past alive. Although our building is more than 100 years old, we are very much a 21st century school and this painting reflects the past while looking forward to the future.
"We are very grateful to both the church and Mr

Mills for the painting, which has already become a real focal point in our foyer – it captures the old and the new very effectively and is the first thing that visitors see when they arrive. Both the children and visitors love it."

Peter Mills said: "I was delighted to be asked to come up with this painting for the school and am glad that it has been well received."

The painting, which is bordered by the school colours of red and grey, shows images of both the school and the church out of which it grew. It also includes the school motto of 'Believe and You Will



PICTURED: (left to right) year-six pupils Iwan Cartwright, Kara Morgan-Rees, Holly Thomas and Blair Milligan with artist Peter Mills, acting head Rachel John and the Rev Craig Vaughan.

Silt: 'Council must go back to the drawing board' says Tory regional AM

SHADOW Welsh regeneration Minister Byron Davies has welcomed news that the silt pile at Salt Lake is being removed by the council, but says that viable

regeneration plans now need to be drawn up for Porthcawl.

Mr Davies, who is Conservative Regional AM, said he had discussed Porthcawl regeneration with BCBC chief executive Darren Mepham at a recent

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meeting, but there was little to report at present.

"There is now a need for the council to go back to the drawing board and start with a clean sheet of paper," he said. "They must revisit the Owners' Agreement they had with the private owners and leaseholders of some of the land at

Salt Lake to try to find a way forward.

"It would appear that the supermarket scheme is dead in the water especially given the hammering that all the big chains are getting at the hands of the discount stores.

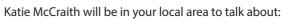
"I am not convinced that building more houses or flats on this site would be beneficial to the town. As a resort. Porthcawl needs an imaginative project which would add to its attractions and a supermarket would never have done that

Mr Davies said he was heartened by the progress being made by the group behind the Porthcawl Maritime Centre and he was pleased that the council is giving them support.

He added: "As far as regeneration is concerned, this scheme is the only show in town at present. But the council needs to consult with local people, traders and tourism operators to come up with a viable regeneration scheme which has the support of

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Katie will be at Brackla Community Centre, 1 Whitethorn Dr, Bridgend CF31 2PQ on the date listed below.

Monday 27 October 10am - 4.30pm

No appointment is necessary, we can also arrange free telephone consultations and home visits. Contact:

Katie McCraith

T: 0800 0938240

E: katie.mccraith@hughjames.com

W: www.hughjames.com/bridgend









'I spy with my little eye' PUPILS STUDY THE GREAT OUTDOORS

fields and green spaces Bridgend county borough are set to become classrooms as a new project outside.

'Bridgend The Outdoor Schools' project has been launched, which aims to make it easier for teachers to educate their pupils in outdoor settings, all year round.

Lesson wellb

Lesson plans, developed resources, and ideas to independent inspire teachers have all learning, encouraging been produced and made available online, while families can also get their hands dirty as a pack full of outdoor learning activities for use at home

can also be downloaded. The project has been County Borough more schools Council's sustainability involved." team, Natural Resources Wales, educational consultants 'Think, Learn, Challenge' and the council's 'reach' rural development team, using reach's 'Let's Innovate' grant fund.

Headteachers from local schools gathered to commend everyone for the launch at Tondu who has been involved. Primary School last "Tondu Primary week, where they heard how the idea for the project came from beginning allowing the project came teachers who had been inspired by a trip to schools in west Wales.

Tondu headteacher Richards

WOODLANDS, Alyson Jones were very excited to tell the around Bridgend environmental education sustainability group about what they had seen in action in Pembrokeshire

"Our school has been takes more lessons trialling the lessons and we have noticed that the outdoor sessions have given the children a very enjoyable experience which has really enriched learning and wellbeing. has their independence

them to question the environment around them in different settings

"The project makes it easier for teachers to take lessons outside, and we believe that this is the developed in partnership start of a valuable by teachers, Bridgend resource that can grow as

Coun Huw David, BCBC's cabinet member for children and young people said: considerable amount of time and effort has been put into developing this project and I would like

beginning, allowing the activities to be piloted in their school and I am excited at the potential Sue Pilcher explained: that this has to become



it 12F, Atlantic Trading Estate, Barry CF63 3RI





WHO WANTS TO **BUILD WHAT** AND WHERE?

Mr Garry Hicks - Flat 4, Haywain Court, Bridgend – Fell and replant 11 trees. Mrs Joy Majoe – 89 Park Street, Bridgend – Programme of works to various trees including felling. Mr Brian Lewis, – **II**

Cefn Nant, Pencoed – Crown reduction and crown lifting of oak tree and ash tree by 3 metres. Mr Andrew James - 94 Ty Gwyn Drive, Brackla - Crown

reduction and removal of limbs of ash tree. Mr R Shaw – 9 Gwelfor, Cefn Cribwr – Proposed single storey extension Mr Daniel Pucella – **11**

Kimberley Court, Brackla – Proposed boundary wall with fencing in between pillars Mr Chris Stephens – 16

Golden Terrace, Maesteg – Change use of dwelling to 2 x 2 bed flats, single storev rear extension with escape walkway over and metal

staircase. Mr D J Lewis – **Protea** House, 25 Esplanade Avenue, Porthcawl – Change dwelling into two self-contained flats and extend ground floor flat with flat roof to form fire escape. Atlantic Plastics

Limited – Coytrahene Close, Brackla Industrial Estate Bridgend - Installation of roof mounted photovoltaic panels. Mrs V Hopkins – 5 Potters Green, Bryncethin - Disabled ramp access to front

Mrs P Jackson - Hilltop Quarella, Bridgend -Single storey extension to rear.

Mr Jason Brannan - 5 Lon y Coed, Llangewydd Court. Bridgend – Two storey rear and first floor side extensions and chimney stack to rear elevation. Mr Appan

Sithamparappillia – Garn Stores, 46a Garn Road, Maesteg - Extend retail unit at ground floor with second storey extension over, external steel staircase and provision of two-bed flat

Archiception Ltd - Cwrt v Mvnws Farm. Maesteg – Screening request for proposed solar farm. Miss Laura Gunstone 17b New Road, Porthcawl - Change of use form A3 to beauty

salon Mr Steve Jones - White Bungalow, rear of Queens Avenue, Porthcawl - Demolish existing bungalow and detached garage and replace with a new dwelling with an integral garage. Network Rail

(Property) - Former garage/vehicle vorkshop, Coity Road, Bridgend - Demolition of former garage/vehicle workshop. Mr Clive Adams – 19 Eleanor Close, Pencoed - Single storey

detached garage.

Carers' Centre tucks into Britain's Best Breakfast!

ON Friday, October 17, **Bridgend Carers' Centre was** gearing up to take part in 'Britain's Best Breakfast', a national fundraising campaign organised by Carers Trust raising money to support unpaid carers.

There are 18,000 carers in Bridgend county borough, many of whom would struggle without support from their local Carers'

Britain's Best Breakfast encourages people to hold a breakfast event during October for their friends, family and work colleagues and raise money for Carers Trust. For more information about the campaign text egg to 70660 or visit.www.britainsbestbreakfast.or

Money raised through Britain's Best Breakfast will help Bridgend Carers' Centre support more unpaid carers through its direct work with carers and people with care needs like Simon who juggles caring for his children and his wife Penny who has

weekly Community Café as this gives him time out from caring and he enjoys doing something different and giving something back to the centre that supports him in his caring role.

Bridgend Carers' Centre is a

Network Partner of Carers Trust, the UK's largest charity supporting carers. Locally, Bridgend Carers' Centre supports over 2,500 of carers in Bridgend county borough. Support includes information and signposting to services and support, one to one appointments at the centre and at home, training, information on benefits and legal matters, days out to give welcome breaks to carers, walks, Tai Chi and other exercise opportunities to promote positive health and wellbeing to carers. In addition, the Carers' Centre offers opportunities for carers to meet up, volunteer and socialise at the weekly Community Café and at other

events (telephone 01656 658479). Nationally, there are seven million unpaid carers in the UK and three in five of us will become a carer at some point in

- In Wales and England, just under one million (950,000)
- people over 65 are carers; • 65 per cent of older carers (aged 60–94) have long-term health problems or a disability
- themselves.

 One in five carers gives up employment to care.

Helen Pitt, Bridgend Carers' Centre Manager said: "We know from talking to the carers that we support that many of them do struggle with their caring responsibilities. That's why we need to offer them help, support and breaks and why we are taking part in this fundraising campaign to help many more carers in our area. Carers come from all walks of life and almost all will need support from a service like ours."

To have an event to look forward to, to get out from the daily situation, meet people, chat, laugh without feeling guilty, because other carers understand. We are so grateful to the centre for all its hard work."

STEVE PULLEN-JAMES,

Carers' Support Worker

ROTARIANS TAKE STROLL AROUND CARDIFF BAY



NINE members of barrage, to Cardiff Docks visted the shops, others years Bridgend Rotary (still a very busy freight Club, president Sue port), with to the north Club, president Sue Poly, with to the Induit Cassidy, Rotarians Views of the Senydd, the Millenium Centre and John McCarthy, the Pierhead building.

Edward Jones, In the distance Cardiff William Williams, Mike Lewis, Gillian (such as the Millennium Mike Lewis, Gillian Hale, Sonja Cain, David Hubbard and Hopkin Joseph, plus seven guests and a dog – left the Custom House at Penarth Marina to Walk passed the colliery beauth of the changes in the walk passed the colliery docks at Cardiff – exhibition, undeveloped growing as a coal occurrence with the custom House at Penarth Marina to walk around the walk around the eastern perimeter of Cardiff Bay Mermaid Quay.

After crossing the barrage lock, passing the fish pass, walking along the open elevated section of the barrage provided. of the barrage provided a good vista both out to the Bristol Channel (where it was high tide-with a seawater level higher than the freshwater level within the barrage) and inland, looking towards the Penarth Marina, the Elv River Marina, the Sports Village, the Taff River Marina. the Wetlands Reserve and Mermaid Ouav.

After a brief stop at Scott Memorial display (recording that it was from Cardiff over 100 years ago that ill-fated expedition set off to the South Pole) walking further along the barrage provided better views of the entrance on the seaward side of the

city centre buildings re-assembled

Wetlands Reserve, habitat for lots of water fowl and birds

Pierhead Building to watch a 10-minute film

afterwards walked on past the St nothing in 1970, but still David's Hotel to the now a very busy freight port.

Three of the party walked back to Custom The whole party then House, the remainder taking a water taxi toured the (which western side of Cardiff Bay passing the Sports Village; the national swimming pool and the water rafting white

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YOUR CHANCE TO SHARE THE COMMUNITY NEWS

NORTH BRIDGEND NEWS

A message for all readers in the north of Bridgend who would like to have items included in the community news columns of The GEM:

commune of the GEM:

If you wish to submit reports on any social activity in this region, please contact me.

I am very approachable and will endeavour to include

every newsworthy subject.

Contact details: CLIVE MITCHELL

1 Tyn-Y-Coed Close, Sarn, Bridgend CF32 9NQ TEL: 01656 725399

email: tynycoed1@yahoo.co.uk



The centenary celebrations for 2015 will start with a twocourse lunch at the Aberavon Beach Hotel, Port Talbot on January

The speaker Joyce James gave a talk on the history of names. From early days, children were named after members of

the royal family. Joyce had some funny stories about names mostly relating to nicknames Some of the ladies had their names explained: Dorothy – great gift of god. Hilary means cheerful, and Mair

The raffle was won by Dilys Mitchell and Sondra Parry; the competition for a small item beginning with 'I' Burgess with an original identity card. There followed a discussion about what theme to use to decorate the Christmas tree at the

Tondu Wesley Christmas carol service.

The pre-Christmas

retail therapy trip to Marks & Spencer, followed by lunch in the Aubrey Arms, will be on November 19. Eunice thanked the tea hostesses Mair Starr and Hilary

Crocombe.

The next meeting on
November 12 will be entertained by Tondu Primary School choir.

Visitors and new members are sure of a warm welcome at Aberkenfig WI which



Evans Hall, Heol Persondy, Aberkenfig. More details from Dilys on 01656 725399 or at ww.cobwebs.com

60thbirthday! Congratulations to

Raema Gunton, a member of St Bride's church, Llansantffraid, who will be celebrating her 60th birthday on Wednesday, October 29 – as Roy Noble meets on the second
Wednesday of each
month at 2pm in the Len

would state on Radio
Wales this is a special
event and should be

celebrated over three days, I hope her family take note!

Raema is a person who is always helping others, and I too wish her happy birthday.

Choir's triumph!
I RECENTLY attended Bridgend male choir's annual concert in St Mary's RC church –

District United

Churches everyone will be welcome.

Cefn Cribwr

THERE will be a children's Halloween

(Community Centre) on Friday, October 31 from 4.30pm to 6.30

It will be a fun-

cakes, drinks and optional fancy dress

Rawlings or Hannah

sixgales@gmail.com, or call 01656 746623) for more information.

KERRY JONES, acting headteacher of

Tynyrheol primary

school reports that

evening.

there has been a 100 per cent take up to attend the parents'

As a governor at the school I would like to

add well done to them

for supporting the staff at the school.

recently had a new

the school.

play pod installed at

Every Wednesday at the end of the school

day, a set of balance bikes is taken out of the

school's pod, and parents are invited to

oin their children as

steps towards cycling

without stabilisers.

These pods have already been a big

success at Tondu and

Nantyffyllon primary

schools, and provide

children with safe and

varied opportunities to

play, and (hopefully) give them a healthy

they develop their co-ordination skills and take

Salmon (Email:

Well done!

packed evening, for children from 0-9 years

what a great event!

I saw and heard the first concert the choir had ever performed under its new musical director Rhiannon Williams-Hale.

A member of the choir, Gareth Davies, was compere for the evening, and he carried out his difficult task admirably. Of course, admirably. Of course, the accompanists Stephanie Bailey (piano), and Scott Williams (organ) both played beautifully throughout the evening.

The choir started the concert with 'Pan Fo'r Nos yn Hir', to Meirion Davies' arrangement, finishing the session with 'Men of Harlech'

Then we had the talented star of the evening Jessica Robinson from Crymych, Pembrokeshire. She started with the magnificent Puccini piece 'O Mio Babbino Caro', finishing with 'Cymru Ffach' The concert

throughout was magnificent and I cannot praise the quality of

singing enough.
The choir will be leaving Bridgend on Saturday October 25 at 5am to arrive in the Netherlands city of 's Hertogenbosch at 7pm where they will be performing in a series of services and concerts to celebrate the liberation of the city in the Second World War by the 53rd Division Welsh Regiment.
The choir has been

busy rehearsing the Dutch National Anthem the 'Wilhelmus' Believed to be the oldest national anthem in the world, it was written between 1569 and 1572. and was named the Dutch national anthem by royal decree on May 10, 1932.

Mynydd Cynfig WI
OCTOBER 14 saw the monthly meeting of Mynydd Cynffig WI at

future.

The Talbot Institute. It was chaired by Marjorie Goode, the president, with the minutes read out by secretary Enid Rymer.

New business and dates for everyone's diary were discussed; among these were country walks, competitions, and demonstrations.

Pride of place were events over Christmas party in the Green Hall with the Christmas Tree festival the outing and the party with the president stating she would be organising an additional coffee and

mince pie morning. Next year is the 65th of age, with party games and prizes for best costume, raffle, hotdogs, anniversary year of the formation of Mynydd Cynffig WI and members were asked It is a ticket only event (£1 each, or £3 for a family of four), and about thoughts on celebrating this historic has been organised by Cefn babies and toddlers

occasion. With WI business completed, speakers Paula and Clair group.

Contact Bev Hill, Sian discussed their topic, which was an insight into everyone's social responsibility.
The members had

organised a food parcel which had been accepted

by the foodbank.

The next meeting will be at the Talbot Centre, Prince Road, Kenfig Hill on Tuesday, November 11at 2.30pm. The speaker will be Sally Maybey and the subject will be 'My Mastermind Experience'. New members welcome

Donations Play pool
CEFN Glas Infants has OGMORE Vale primary headteacher J Morgan would like to thank everyone for their generous donations to the school

Firstly, the items given for the school harvest festival held last Friday October 17 which had been collected by members of Bridgend Foodbank; and also the wonderful amount raised at the school's Macmillan cancer care coffee morning. This totalled £463. Well done to

everyone involved. Class invite TONDU primary school invites carers and friends of children in Mrs Richards/Mrs Goldsworthy's class Ewenny to join the class assembly tomorrow, Friday, October 24 at 10.20am.

Everyone will be welcome to stay afterwards for a 'linger and learn session'.

Susan would also like

to congratulate the following children at the school who were given

LEFT TO RIGHT: Jessica Robinson, Rhiannon Williams-Hale and Stephanie Bailey. awards for taking part in Aberkenfig library's summer challenge. They were Ellie Mai Davies Esme Davies, George

> Flower, Benji Lock, Loveday Lock, Teigan Parsons Molly Price and Gracie Mai Sage. Legion concert

Jarman-Davies, Darcie

Edwards, Cariad Evans. Maddie Flower, Sasha

THERE is a fundraising concert for the Legion at Pontycymer Leisure Centre this Saturday, October 25, at 7.30pm.

The concert will feature the band and drums of the South Wales Police, Côr Meibion Cwm Garw (Garw Valley male choir) and the joint school choirs of Blaengarw and Ffaldau primaries.

Tickets £5, £2.50 for children 16 and under, can be obtained from Pontycymer Post Office.

On Saturday, November 1, there is a World War One centenary concert at Maesteg town hall, with the Maesteg 'Gleemen' male voice choir among the musical acts taking

Tickets £5 can be obtained from the town hall on 01656 733700. or from the Royal British Legion in Commercial Street

Benefit concert HERONSBRIDGE Special School will benefit from a joint charity concert at Aberkenfig Bible Church (Old Lyric Cinema), Pandy Road, Aberkenfig on Saturday, October 25 at 7pm.

It features the 21st century choir, the Bois Goetre-Hen male voice, and the Wyndham Singers from Culme Valley, Devon. Tickets are £5 and net proceeds go to the school

Mercy Ships
THERE will be a coffee morning in aid of the charity at the Philip Squires Community Centre in Coytrahen, on October 25 at 11am.

There will be a charge of £2, which includes coffee and cake, to raise funds for this worthwhile charity.

'Enterprise Troopers' swing into action... as Ogmore Primary answers the call!'



Vale Pirmary School is in their development of business focused skills, having previously among 'superheroes' set to sweep the nation's primary Primary schools as the Welsh Government's 'Enterprise Troopers' competition swings back into action.

Aimed at nurturing increased entrepreneurship in younger learners, children in Bridgend county borough became enthralled by the antics of the four 'Enterprise Troopers' characters when they visited the area following their creation in 2013 to encourage five to 11 year-olds in Wales to think about business and their future careers.

Minister for Economy, Science and Transport Edwina Hart is calling on primary schools to come up with their best business ideas yet as the enterprise competition looks to step up a gear and bring even more young talent to the surface throughout 2014 and

primary school pupils to think big

A TEAM from Ogmore and support schools and teachers outside the box'." visited pupils at Ogmore Vale Primary as part of the 2014 Welsh campaign.

Ogmore Vale students spent the morning taking part in a fun and engaging workshop based around the theme of entrepreneurial thinking with the characters, which are designed as an engaging way for youngsters to learn more about four key attributes of entrepreneurship that are summed up by the acronym ACRO -Attitude, Creativity, Relationships

and Organisation.

This is part of a wider Youth Entrepreneurship Strategy implemented through the Big Ideas Wales campaign to equip young people with entrepreneurial skills and attitudes to raise their aspirations, so that they can fulfil their potential whatever they chose to do.

Ogmore Vale Primary School Ognote value Filially School to the surface throughout 2014 and to the surface throughout 2014 and 2015.

Enterprise Troopers 'Amy', of entrepreneurial skills in our www.enterprisetroopers bigideas opportunity to solve problems, EnterpriseTroopers@cazbah.biz work co-operatively and 'think or call 0844 736 6150.

"The Enterprise Troopers provides a real focus for this work and the opportunity to develop their skills in real-life situations, including their literacy and numeracy skills – we are all very keen to get on with planning our competition entry for this year now, and I would strongly recommend the scheme to other

Entrants aged five to 11 years in Wales will be split into two categories, one for foundation phase and one for Key Stage 2, and schools can enter one team in

and schools can enter one team in each category. Schools can apply via the Enterprise Troopers website and once registered will receive a 'Business in a Box' entry pack including support and promotional

materials to get teams started. Shortlisted teams will then be invited to their regional final and if successful, an all-Wales final to be held in Cardiff in Spring 2015.

Songs of **Praise** THIS is a special event being held at Tondu Methodist Wesley Centre tomorrow Friday, October 24 at

7.30pm, organised by Aberkenfig and

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'Candles light up Armando's final journey... and the memories will go on forever'

by TIM **CHAPMAN**

A Barry family say a touching tribute to husband and father of two Armando Armelin by a local business will live with them

forever.
Armando's wife
Kim told The GEM km told The GEM that she and her children, Lucy and Henry, will never forget the moment the funeral cortege heading for Cardiff and Glamorgan Crematorium arrived Crematorium arrived

at The Bridge Cafe. Kim said: "On Friday, September 26, my children and I got into a hearse to make a sad journey to Barry Crematorium to say our farewells to my husband, Armando Armelin.

"We hadn't gone far when we came to The Bridge Cafe at the Knap, my husband's favourite coffee shop.

"We were greeted by the familiar faces of the owners and staff. waiting outside in silent tribute.

"To our complete surprise and astonishment, there

RIGHT: The family of Armando Armelin say they were immensely moved by the tribute made in his memory.

were 60 candles lighting up both sides of the road under the bridge – one candle for each year of

Armando's life. "I can't begin to express how moved we were by this truly thoughtful and

touching gesture.
"It will stay with us forever and will always make us smile when we think of it. Thank you all so

much. "It was so thoughtful and touching that the owners and staff took the time to pay tribute to my husband."

Kim added: "May I also thank everyone for the donations to Velindre on Armando's behalf.

"A total of £1,650 was raised at the funeral with additional online donations still coming in - our

thanks to everyone."
The owner of The
Bridge Cafe, Sharon

warm, wonderful person who we wanted

Charlotte, son Christopher and members of staff Sue, Louisa, Barbara and Romain were all keen to show our respects to



Generous business pledges support for people with cancer

by GEM REPORTER



Rebecca and Sarah hope their free treatments will give people suffering from cancer a boost this October and November

A generous beauty salon in the Vale is giving free treatments to suffering people from cancer.

Rebecca
and Sarah Brow.
Beauty Basics feet strongly about supporting people with cancer and decided to offer free treatments to people with cancer during October, Cancer Awareness Month—although the offer will also go into November.
Rebecca explained:

"a lot to us and we people sfaces."

Beauty Basics is at 11
Broad Street, Parade, Barry and can be contacted on 01446
700836. Rebecca Van Praag and Sarah Brown of Beauty Basics feel strongly about

and aunt to cancer.
"Whether you are a man or a woman suffering from any type

of cancer, please get in touch and let us make October your 'feel good month'.

"There are a whole



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1 Station Approach, Penarth, CF64 3EE

www.scottwroe-hearingcentre.co.uk

PRIMARY school-age children can get turbojet sleigh. Father Christmas is just not willing draw. Only one entry per child is allowed in the mood for Christmas by entering a special competition organised by Porthcawl Saint Sébastien Town Twinning Association and Porthcawl Chamber of Trade.

Important clues are contained in five chapters of a story – The GEM featured the first last week and the second installment is today, *below right*.

The competition is based on the story, The Mysterious Disappearance of Father Christmas' Reindeer, which has been written by Joël Guerriau, the Mayor of Saint Sébastien (Porthcawl's twin town) with illustrations by Mathieu Redelsperger.
The English translation is by Melanie Weaver.

The first book Joël produced for children, Fergie the witch, was translated into several languages and adapted for the theatre

The chapters in The GEM will tell the story of the disappearance of Father Christmas' reindeer -Rudolph, Donner, Dasher, Dancer, Vixen, Prancer, Comet, Cupid and Blitzen.

Children will need to read the story to know

which one is which.

The plot of the book looks bleak for the reindeer, after Bright Spark, a brilliant inventor, fails to convince Father Christmas that he needs a

to give up his much-loved reindeer.

Bright spark gets the wicked witch, ugly Dora,

Father Christmas finds out that his missing reindeer have been turned into wood and have been sold, with millions of others, to decorate shops for Christmas. So he asks all the children of the world to help him find them.

Any child wishing to enter should go to one of the shops in Porthcawl displaying the reindeer poster (far right) in their window and ask for a competition entry form. Forms can also be downloaded from www.porthcawl-townwww.porthcawl-town-

In each of the shops displaying the reindeer poster, there will be a picture of a reindeer. If it is one of the nine belonging to Father Christmas, find the name on the entry form and enter the name of the shop in which you saw it. You can identify which reindeer is which by

reading the story. When you have found all nine of Father Christmas' reindeer, send your completed

form to the Town Council offices.
Remember! Not all the reindeer you see will be the reindeer that belong to Father Christmas.

RULES OF THE COMPETITION. Children must be 11 or under at the time of the of Porthcawl Town Council in Victoria Avenue

The winners will be the first three correct entries drawn by the Mayor of Porthcawl at the to use a potion to change the reindeer into wooden Porthcawl Christmas event on the afternoon of Saturday, November 29.

All winners will receive a copy of the book, which is written in French, together with a copy of the English translation.

All correct entries received by the closing date

shall be entered in the prize draw. First prize, £25 cash and a £25 voucher, to be

exchanged at one of the participating traders. Second prize, £20 cash and a £20 voucher, to be changed at one of the participating traders

Third prize, £15 cash and a £15 voucher to be changed at one of the participating traders

There will also be three runners-up prizes of a copy of the book, together with an English

No cash alternative or change is available for the vouchers or any other prize.

The closing date for receipt of entries is November 22

• If you cannot obtain a copy of The GEM, or cannot read it on line, then copies of the five veekly episodes will be available from the offices



Porthcawl shops taking part in the competition will be displaying the above poster.

Blaengarw Primary School celebrates good school report



Blaengarw Primary School pupils with (back row, left to right): Ogmore AM Janice Gregory; Coun David Pugh (Blaengarw ward member and school governor); Coun Huw David (cabinet member for children and young people); Coun Marlene Thomas (chair of governors); Ogmore MP Huw Irranca-Davies; and headteacher Terry Emmanuel.

STAFF and pupils praised the emphasis that we schools inspection vision and purposeful The inspectors body Estyn, which leadership, with staff recommended an working well together improvement in pupils' improvement under a senior ability to apply numeracy improvement prospects, manage provision, skilfully. leadership and management, following inspection in May this year.

Estyn stated that most to now
pupils, including those our staff, teachers and with additional learning needs, make good "Our people are our on written work shows most important asset, and them clearly how to improve it." lessons

Pupils are also wellmotivated attitudes to learning, as well as playing an active part in school life Property Christmas card. eco committee.
The report highlighted

management team to skills resources

said: "We at Blaengarw School are delighted to The school is also have received such a recommended to provide his year. Estyn, which is testament stage 2 pupils to develop
Estyn stated that most to how much hard work better skills in reading upils, including those our staff, teachers and and writing in Welsh, and

and pupils praised the emphasis that we have been placed on good values recognised for our "We will take on and respect for others.

The headteacher, Mrs outcomes, as well as how recommendations

across curriculum, as well as the handwriting "We at presentation skills of Primary pupils in key stage 2.

recognised for our "We will take on board teaching and learning E s t y n 's celebrating a Terry Emmanuel, was the school is run on a continue to work hard to positive report from singled out for her clear day-to-day basis." school's school's prospects, provision and leadership in the future member for children and young people, added: "I'd like to congratulate everyone at Blaengarw Primary School for this very positive inspection report

by Estyn.
"The report shows that positive report from opportunities for key staff and teachers have Estyn, which is testament stage 2 pupils to develop created a high-quality learning environments with good systems environmen structures in place, which give pupils every chance achieve

The Mysterious Disappearance of Father Christmas' Reindeer

Part 2 - Ugly Dora's Poisonous Potion

Written by Joël Guerriau (Mayor of St Sébastien sur Loire, Senator and children's author)

Illustrated by Mathieu Redelsperger Translated by Melanie Weaver (Porthcawl StSébastien Town Twinning Association)

OR several days, Bright Spark watched the nine reindeer as they ate their fill of grass. bark and willow leaves.

The first of them. Rudolph, was the guide His amazing red nose lit up the darkness, enabling aeroplane pilots to avoid a

collision with the sleigh His hooves were as wide as rackets, his fur was brown and his tail short ... He approached a rock which covered with lichen and which had been sprinkled with the potion by Bright Spark.

Dasher was the quickest. He wore a stopwatch around his neck to measure his training speed. He was accompanied by the graceful Dancer, who wore a splendid oriental



ABOVE: Ugly Dora makes her magic potion.

dance scarf around his neck, which was a present from Father

Christmas. Several hooves away was the powerful Prancer, with his impressive set of muscles and his majestic antlers. He

walked with confidence next to the pretty Vixen who did not hide her feelings for him.

Comet, who followed them, made the birds laugh a lot by telling them funny stories. Cupid, who could be recognised by the white

mark on his thigh, was in full conversation with Blitzen, who wore a golden lantern around

her neck.
Blitzen's role in the herd was to light up the sky in front of the sleigh. With his nostrils in the air and always lagging behind, Donner, with his headphones stuck to his ears, listened quietly to his music while enjoying eating delicious birch

leaves.
Peacefully, the reindeer grazed with delight on the pasture, so tasty, so sweet and so ... poisonous!

Hidden behind a

bush, Bright Spark watched their transformation. Ugly Dora's potion had worked and all the reindeer had now been reduced to magnificent wooden figurines. All he had to do was to collect them and put them into his hunter's game bag. Find out what

happens in the next edition of The GEM..

Search on for a festive young artist!

THE search is on for a £25 and see their design printed up and sent out to all Pencoed respect to the sent out to all Pencoed area word seign this year's Pencoed Property Christmas card.

The theme is 'My House at "We thought it would be lovely to compet the sent out to all Pencoed area word property clients in December. Sharon Howe, Pencoed Property's branch manager said: "We thought it would be lovely to compet the sent out to all Pencoed area word property clients in December. Sharon Howe, Pencoed Property Christmas card. The theme is 'My House at "We thought it would be lovely to compet the sent out to all Pencoed with the sent out to all Pencoed w

through the activities of the school council and Christmas' and it is open to all children under 11 – but budding truly local, so instead of having artists will have to hurry as the cards printed with a recognisable

send out a Christmas card that was The report highlighted opportunities for learning of the Foundation Phase in the Foundation Phase and in key stage 2, and in key stage 2, and in key stage 2, and in key stage 2. The chosen artist will win a would be a good idea to have our solution or email and in key stage 2. The chosen artist will win a would be a good idea to have our solution or email and in key stage 2. The chosen artist will win a would be a good idea to have our solution or email and in key stage 2. The chosen artist will win a would be a good idea to have our solution or email and in key stage 2. The chosen artist will win a would be a good idea to have our solution or email and in key stage 2. The chosen artist will have to hurry as the cards printed with a recognisable scene of Pencoed, we thought it seems a solution or email and in key stage 2. The chosen artist will win a would be a good idea to have our solution or email and in key stage 2. The chosen artist will win a would be a good idea to have our solution or email and in key stage 2. The chosen artist will win a would be a good idea to have our solution or email and in key stage 2. The chosen artist will win a would be a good idea to have our solution or email and in key stage 2. The chosen artist will win a would be a good idea to have our solution or email and in key stage 2. The chosen artist will win a would be a good idea to have our solution or email and the complete or expectation or expectation.

"Hopefully, the schools in the area will help with spreading the word as we have sent them out posters and we are advertising the competition in our office window in Penybont Road, Pencoed."

For further details, contact Pencoed Property on 01656

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Consortium's bid to improve local schools

Education, Huw Lewis has launched the Welsh Government's vision for education in Wales for the next six years — with an emphasis on selfimproving school systems at its core.

With 408 schools across the Central South region, covering Bridgend, Cardiff, Merthyr Tydfil, Rhondda Cynon Taf and the Vale of Glamorgan, already committed to the Central South Wales Challenge, his vision isn't

Launched in January, the Central South Wales Challenge has created school improvement groups (SIGs), made up of around 11 primary schools or seven secondary schools, which allow schools to identify strengths, and share and develop them across all the schools involved.

In addition to the creation of SIGs, the challenge has established a series of pathfinder relationships, consisting of a support school and a pathfinder school, which research has shown sees significant improvements in both schools.

Coun Christopher Elmore, Central South Consortium joint committee chair and the Vale Council's cabinet member for education, said: "The Central South Wales Challenge is designed to build capacity across schools, so they can learn from each other and lead a selfimproving school system. We are delighted by the uptake and engagement of schools in school improvement groups and pathfinders.

"Our aspiration is for all education authorities in the region to be among the top performing in Wales in absolute

"Children in this region deserve no less and I am confident in the work that we are doing with schools, with the Consortium and with Welsh Government, that we can build upon our success this year and go on to raise expectations and deliver ever higher improvement across the region.



ABOVE: Dame Judi Dench with Jessica Simmonds of Goose Island.

Hospital 'spot checks' show good practice

UNANNOUNCED spot checks to test standards of care in district general hospitals across Wales have found "no systemic issues of concern", a report has said.

The independent team carrying out the checks on wards found numerous examples of good and notable practice which far outweighed a few, isolated examples where shortcomings in patient care were identified.

The spot checks will now be extended to look at the standard of care elderly patients receive on mental health wards in hospital settings.

Health and Social Services Minister Mark Drakeford ordered the spot checks to be carried out, as part of the Welsh Government's response to an independent review of care at the Princess of Wales and Neath Port

Talbot hospitals, by Professor June Andrews and Mark Butler

The spot checks of adult inpatient wards at district general hospitals in Wales were carried out by an independent team of senior individuals, overseen by leading Scottish academic Prof Andrews, former NHS England strategic health authority chief executive Sir Ian Carruthers and Professo Phil Routledge, chair of the All Wales Medicines Strategy Group.

They took place between June 15 and July 30 and focused on four areas raised in the Trusted to Care report: medicines management; hydration: the use of night-time sedation and continence care

They were undertaken at all 20 district general hospitals in 70 adult inpatient wards, between 6am and midnight, on weekdays and at

'A' list stars are spotted!

excitement Cowbridge and the Vale last week as a Donats Castle. number of 'A' list out and about.

It all centred around south Wales' growing Island. reputation as a centre for film and TV production, and it soon became GEM: apparent that Dame Judi Dench, benedict Cumberbatch and Hugh Bonneville were all in the area.

'Hollow Crown' series – saying that her daughter Shakespeare's history would have liked them, Plays – where as they were very much
Cumberbatch has been her style!
confirmed as Richard III. "When I asked her for

in while Cumberbatch was said to be filming scenes in St

Dame Judi, however, stars were spotted was off duty and strolling around Cowbridge when she popped into the clothes shop Goose shop

> Jessica Simmonds of Goose Island told The GEM: "She spent 20 minutes looking around. We recognised her We recognised straight away.

"She was complimentary about our area.

The reason is the stock, and particularly filming of the BBC's liked our Italian dresses, 'Hollow Crown' series – saying that her daughter

Last week, Hugh a photo she was really Bonneville was filming nice about it".





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Hi-tech jobs are on the way to **Bridgend**

Report by PHILIP IRWIN

A CANADIAN company based in Bridgend is planning an expansion programme that will see 620 new iobs created in Bridgend over the next five years.

The First Minister Carwyn Jones, and the Economy Minister, Edwina Hart, were in Bridgend on Monday (October 20) for the announcement by CGI, the fifth largest independent information technology and business process services firm in the world.

CGI will receive £3.2m business finance from the Welsh Government (WG) and the expansion will bring the total employed by CGI in south Wales to

Bridgend currently employs around 25 per cent of the firm's UKbased staff, and the investment means that it should continue to be a strategically important part of the company's growth plans.

A WG spokesperson said: "The announcement comes following a meeting between the First Minister and Michael Roach, the President of the Canada-based company in Montreal in

July".

The First Minister important employer in south Wales and I am delighted it has committed to continuing to develop its workforce in the region.

"Today's announcement is excellent news for the

region with 620 new skilled jobs that will vield knock-on benefits for local businesses and the wider community.
"The Welsh

Government has recently awarded CGI anchor company status in recognition of its economic contribution and commitment to on going expansion in Wales. I look forward to continuing to work closely with the company to support its contribution to the Welsh economy

Tim Gregor president of CGI in the UK, said: "Our Bridgend based team will be at the forefront of delivering award winning services and solutions.

'We are delighted that the Welsh Government has recognised the quality of work CGI delivers, and the strength of talent of our Welsh members and is helping us to further grow the team

CGI has three sites in Bridgend including a data centre on Waterton Cross Business Park Bridgend Science Park and Waterton Industrial Estate.

The firm has also received significant funding from the Welsh Government's Skills Growth Wales programme, to assist in the continued development of CGI's skilled workforce in Wales. The funding is being used to train nev employees and up-skill current members

(CONTINUED ON PAGE 31)

Charity triathlon raises £9,000 in memory of Hugh Mr Walker's parents, per cent."

A BRIDGEND construction and property firm has raised in excess of £9,000 – by hosting a triathlon in memory of an employee from Llantwit Major who died of brain cancer.

Seventy competitors from Jehu Group and their industry network. including The Principality Building Society, E J Hales Chartered Surveyors and Hendre Housing, took part in the lengthy course, which involved a 750m swim, a 21k bike ride and a 5k run in the local area.

Jehu Group will donate the funds raised to their charity of the year, Brain Tumour Research, which was chosen in memory of Hugh Walker, a former Jehu Group foreman, who passed away last September aged 46.

Participants began at

Pencoed Swimming Pool, then cycled to Bryngarw Park and back before finishing with a run that took them in and around Pencoed. Of the 69 participants, 24 completed the challenge by themselves, with the rest divided into 15 teams, including Hugh's wife Amanda and two of his four children, Josh and Naomi

Ben and Pat, started the race and presented the winning team with the Walker Cup, created in memory of their son. All funds raised will support the charity's efforts to research the prevention and treatment of brain tumours

Simon Jehu, managing director of development at Jehu Group, said: "We're delighted to have raised such a significant sum for Brain Tumour Research, a charity dedicated to funding ground-breaking research which will help bring UK scientists closer to a cure for the 120 plus types of brain

tumours.
"The charity has special significance for us, having lost Hugh Walker to the disease last September.

"This is the second triathlon that we have hosted and we are striving to establish it as an annual event in the Welsh construction and property industry diary. We more than doubled the number of competitors this year and we are looking to double it again next

"It was a certainly a big success and I thank all of the athletes, sponsors and organisers who made it possible for us to beat our donation target by 50

per cent." Crispin Zeeman, head

of communications for Brain Tumour Research said: "We are thrilled that large organisations. such as Jehu Group, continue to support our charity to help us reach our goals. Brain tumours kill more children and adults under the age of 40 than any other cancer, yet just 1 per cent of national cancer research spending goes on brain

tumours. "Jehu Group's significant donation will help to ensure we are able to continue our studies into a disease which affects around 16,000 new families each year: £9,000 will fund three days of research at one of our Centres of Excellence and enable Jehu to choose three tiles in memory of Hugh on the Wall of Hope.

"About £1 million per year is needed to support long-term research at each Centre (that's £2,740 per day), and Brain Tumour Research is calling on other corporates to fund a day, or days, of research to find a cure for brain tumours

public order matters.

Local man receives

jail sentence for

a drunken attack

during the incident, although the metal bar

was. Drink and drugs are at the heart of his

FROM PAGE 1)
He then offered to steal for them a laptop computer, and he said he would use a metal bar he had to smash his way into a premises.

The two men walked away, but seconds later, Lydden came up behind them and threatened: "Come on, boys, let's have you.'

There was a scuffle between the three and Mr Groom was cut to the side of the head with the bar.

They noticed that Lydden also had the blade of a Stanley knife.

"For those men, it was a fearful situation. Luckily, two community support police officers arrived on the scene and Lydden was arrested."

Both men said they had been frightened by the situation caused by the defendant, who was extremely drunk.

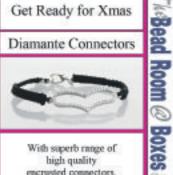
He later denied his aggressive behaviour.

The court heard he had convictions for 22 offences, and had been released from prison 10 days before the incident. Mr Howells said he

had convictions assaulting the police, wounding, obstructing the police, battery and

His counsel, Byron Broadstock, said: "He is only 22 and prison is He said that his parents did not present a good example when he inevitable.
"The Stanley blade was younger, and he once wounded was used to cut drugs and was never used father.

"He used drink and drugs to cope with past memories he would not



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TAKING THE GEM INTO THE HEART OF NUMBER TEN..!

A NEW address — slightly outside newspapers play in local politics, as a means our circulation area — was added to of highlighting the concerns of ordinary

Your best read local newspaper was hand delivered to Number 10, Downing Street, by GEM general manager Caroline Attya and Vale MP Alun Cairns at a reception held by David Cameron

The Prime Minister received his own copy of The GEM, hot off the press, to catch up with issues in the Vale of Glamorgan and ridgend. The GEM editions were also hand elivered to Number 11, Downing Street.

The reception was hosted by Prime delighted to receive his copy of The GEM. Bridgend. The GEM editions were also hand delivered to Number 11, Downing Street

The GEM's delivery round last people and holding elected representatives to ccount

Caroline Attya said: "Mr Cameron had plenty to say about local newspapers he was very amusing too.

"As Prime Minister, he obviously has to move quickly from one style of speech to

"I think the previous reception required him to address the Yorkshire Cricket team

Minister David Cameron for representatives of local newspapers around the UK.

He spoke of his support and interest in local newspapers in the Vale, and praised the wide of local newspapers around the UK.

He spoke of the important role that such range of topics covered in the newspaper.



Alun Cairns and Caroline Attya pictured at the Downing Street reception.

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Street lights set to go out across the Vale

thirds of the Vale's street lights are to be switched off from midnight to 6am in a bid to save £1 million over the next three years.

This policy will not, at present, apply to LED street lights - which are much more energyefficient.

However, the Vale Council's figures say that less than a third of the Vale's street lights are LED. The figure is expected to rise to "almost a third" by the end of the financial

A council spokesman also pointed to savings in CO₂ emissions as a plus point to the plan.

The proposal to introduce part-night lighting and reduce energy consumption was agreed by the council's cabinet on Monday, October 20, and will see the hours that street lights are lit changed to between dusk and midnight, and again from 6am until dawn.

In a statement, the council said that the total energy costs for the last financial year amounted to just over £900,000, including all street lights, road furniture, and traffic signals.

The existing LED lighting programme, and the new part-night lighting, will reduce this by over a third, with estimated savings of

£370,000 a year. It will also reduce the council's CO2 emissions by 1,338 tonnes, making "vast contribution" to the Carbon Reduction Commitment Energy Efficiency Schem introduced in 2014.

Main road lighting will be subject to a risk assessment to determine whether they remain lit all night or are

by PHILIP **IRWIN**

converted to part night

Lighting in areas of high night time activity, such as town centres and busy junctions and areas of CCTV operation, will remain unchanged.

Coun Rob Curtis, the Vale Council cabinet member for the environment, said: "Not only will the use of LED technology and part-night lighting help

the next few years which is essential, it will also have huge environmental benefits for the area

"We would like to reassure those who may be worried about partnight lighting that we will be having detailed discussions with our emergency service partners to ensure all risk assessments are vigorous and comprehensive, to ensure that all areas remain safe



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71 is a brutal, uncompromising effort.

OR anyone who saw the brutal prison drama Starred Up earlier this year, lead actor Jack O'Connell was easily the stand-out performer, the former Skins actor showing a screen presence and ferocity that was palpable.

He is soon to be seen under the direction of Angelina Jolie in Unbroken, but first O'Connell stars in '71 Set in the titular year in powder keg Belfast, O'Connell plays Hook, a British soldier sent in with his troop to

support local police. When a riot takes

place he is separated from the rest of his party, and must struggle his way through danger in order to survive and get out of there... The synopsis of '71

could easily play out as a glorified Hollywood blockbuster, the 'manleft-behind' plot hardly the most original of stories. Yet under the auspice of director Yann Demange, and featuring another incendiary turn from Jack O'Connell,

'71 is a brutal, taut piece of film making, set against a backdrop of political and national turmoil, which grants it a little more depth. Meeting Hook at the

VALEWAYS WALKS

ON Sunday, October 26 at 2pm, Coastal Path,

coffee shop strollers meet at Cosmeston Country

and far away', a seven-mile walk starting at the

Common', starting at the Fox and Hounds pub, St

On Thursday, October 30 at 10am, 'Over the hill

Also on October 30 at 10.30am, 'Over the

Wednesday, October 29 at 10.30am, the

starting at Gileston village car park.

Park outside the visitor centre

Merrie Harrier pub, Llandough

start, he isn't your usual soldier eager for battle; with his brother in a care home for boys, he's one of life's unlucky ones, driven to sign up less by patriotic fervour than by the chance to forge a career which will benefit him and his brother.

Demange and writer Gregory Burke aren't all that interested in sharp defined characterisation; this is less a study of a man's duties against his personal welfare, or an attempt to address the Protestant/Catholic divide; it's more a snapshot of life in Belfast at that time, seen through the eyes just of the British soldiers being sent there, but also the locals involved, willingly or not, with the conflict.

There's no attempt to provide answers or reasoning to the events you are simply allowed to invest in the characters and their situation, and the loose sketching works to its advantage here, the narrative informing the characters as much as



by GARETH **JAMIESON**

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the performances Demange's direction is thoughtful yet incredibly visceral; the scenes of riots and the ensuing action that takes place shot intimately, making it all the more powerful and jarring. Shooting with an economy, Demange's style is subtle and yet brutal, the violence feeling like the everyday event that it

One standout sequence, which sees Hook separated from his troop, is Paul

Greengrass-like in its immediacy, as Hook is chased by a group intent on killing him; using close-ups, cameras mounted on the actors and handheld footage, it's a horrifically stylish set-piece from the director.

There are classical elements at play, with the likes of Assault On Precinct 13 a touchstone for Demange in terms of visual tone as well as its soundtrack, which is sparse and tension building, with the film having the hallmarks of a western, the black hats and white hats replaced by berets and dodgy 1970s haircuts.

Working with his cast, he draws out strong performances across the board, with Jack O'Connell a tremendous lead.

It's a performance of physicality, much like his turn in Starred Up, but here there is less front and more soulsearching, as events unfold and Hook realises that the odds are against him sur's performance that allows O'Connell to show vulnerability and it's

hugely watchable. The film rests squarely on his shoulders, but alongside are some wonderful turns. Sean Harris excels at quiet psychopaths, and he's at

home here as an undercover officer whose factics are resolutely off the books, while Killian Scott as a key figurehead hoping to make a name for himself is uncompromising, and Barry Keoghan's Sear provides a tease of

redemption, torn

between fitting in or

doing the right thing. If there's any criticism of '71 it's only in the fact that the story doesn't really take you anywhere unexpected; if you're versed in these survival stories you can probably see the beats coming, while the villains of the piece are little too broad. These quibbles aside, '71 is a superbly tense effort.

VERDICT – A further star-making turn from Jack O'Connell anchors an impressive piece of work in '71. Its 'man left behind' plot may not surprise; but Yann Demange's superb direction delivers the tension and brutality that will draw you in.

Not an easy watch, but well worth investigating further. Recommended.

SEE THIS IF YOU LIKED: Assault on Precinct 13 (1976), Saving Private Ryan (1998).

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Out and About with The G

Family fun THE St Illtyd's Day Nursery will hold a family fun day – 'People Who Help Us' – on Saturday, October 25, from 10am-2pm.
there will be craft activities, role play games,

Sunday November 1sth 2016.

Cowbridge Comp. Main Building

face painting, cakes.

Autumn fayre in Penarth
ON Saturday, October 25, The Children's
Society's autumn fayre takes place in The Paget
Rooms, Penarth, 10am-12noon.

There will be varied stalls – homemade cakes and preserves, plants and bulbs, books, gifts and

Christmas Fayre

Llangynwyd winter
fayre and AGM
LLANGYNWYD Community Association will be
holding its winter fayre in Llangynwyd village
hall on Saturday, November 22, at 2pm.
Stalls include tombola, bric-a-brac, Christmas
decorations, home produce, Girl Guides, Eather

decorations, home produce, Girl Guides. Father Christmas is paying a visit and all proceeds go to Llangynwyd Association for the running and upkeep

of the village hall.

The annual general meeting of the community association will be held at the village hall on Wednesday, November 19, to commence at 7pm

sharp.
All are welcome to see how the hall has developed into a popular meeting place for clubs.

Lady golfers' anniversary
VALE Lady Golfers (formerly known as Vale

CHILDREN CAN GO ON SAFARI!

RANGERS events autumn events for eggs to seaweeds.
children aged five to 11 The Beach Strandline
with a beach safari at Safari on October 29 will

the water birds. On the S

are collecting natural items continuing Go Wild washed up - from shark

Porthkerry Country meet at the Forest Lodge
Park and a bird at 10.45am. The bird bonanza at Cosmeston bonanza will meet on Thursday, October 30, During the bird also at 10.45am, in the bonanza, children will rangers' office.

bonanza, children will rangers orlice.
learn how to use Both events will cost binoculars and identify £3 per person, and the water birds.

On the Strandline seven must be On the Strandline seven must be Safari at Porthkerry, accompanied by an youngsters unlock the adult. Call the rangers secrets of the shore by on 029 2070 1678.

Christmas cards, mystery parcels and raffle. Lady Farmers Golf) are celebrating their 25th Admission £1, including coffee/tea/biscuits. anniversary with a lunch on Thursday, Children free entrance and drink.

November 27, at the home of president Mrs. dmission £1, including coffee/tea/biscuits. anniversary with a lunch on Thursday, hildren free entrance and drink. November 27, at the home of president Mrs For further information, call Ann Lush on 029 Linda Bird.

A spokeswoman said: "We would be pleased to welcome all past members and those wishing to attend should please contact Mrs Bird on 02920 593804 or Mrs Marion Lewis on 01443 231790 as soon as possible

A & C fair offers great bargains

THE Copthorne A&C Fair this Sunday, October 26 (10am to 4pm) is an event not to be missed.

With more than 30 dealers displaying quality

items, it is a great opportunity to seek out bargains.

Paintings, works of art, militaria, furniture, jewellery, Edwardian carriage lamps, vintage fashions, and even a brass and leather horse harness that was used in the Cardiff Harness Parade in the 1980s, are a few of the variety of items that will be on display.

Some dealers will purchase goods from the public, and are always readily available to give



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Out and About with The GE

Bargain fayre NOVEMBER 1 stall, jewellerv. ho

offers the chance to produce, jams, and pick up some great Christmas and birthday bargains in Barry, at the fayre in St £50 cash prize, drinks Paul's Church Hall, hamper and many more St Paul's Avenue, at prizes

Admission for It will be packed with goods, all at the low prices for which the churches of \$\text{St Paul's}\$ and of church funds. This Merthyr Dyfan are well known. Stalls include supporting the Barry Christmas gifts, books, foodbank in \$\text{St Mary's}\$ CDs and DVDs, homemade cakes, toys, bottle need.

1 stall, jewellery, home cards. There will be a

Classic cars

CLASSIC/vintage car and bike meet at the Fawlty Tower Café, Llandow, on Saturday, October 25. Call 01446 793631 for details.

Victorian market

A VICTORIAN Christmas market and family fun day takes place in Sully on Saturday, November 22, from 11am-2pm at Scope, Hayes Road. Gifts, food and Santa's grotto. Telephone 01446 733418.

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COPTHORNE HOTEL Copthorne Way, Cardiff CF5 6DH. **Sunday 26 October, 2014** 10am-4pm; Trade 9.30am Admission Adults £1.50, accompanied children free. Students

(with valid NUS card) £1.00; Trade £1.00. Free Parking. All enquiries 02920 512349

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ARTISTS LINK UP

from the Vale have joined together to launch a series of exhibitions which each combines work artist's form multi-disciplined display.
Triskelion,

formed by Pat Johnson from Colwinston, John Hughes from Southerndown and Tricia Mears from Llantwit Major. Each artist produces

work in a different medium including fabric, at Rhondda Heritage in June 2015 at St paintings on silk, felt Centre and continues Donats. products along with more until November 7

number D849.

850353.

733844

Crackerjackpot lottery draw

● £2,000: 407434. ● The rollover, which now stands

at £3,000, was not won this week. ●£10: 621947, 829815, 231961, 280308, 195930, 242791, 809659, 236394, 567198, 400875, 425716, 244587, 539537, 292927, 804305,

643809, 266221,

£5: 431548, 777560, 845416.

700382, 104516, 964717, 525515, 324753, 772946,



852496.

259545.

114404,

202328

891060,

726383.

278014, 818601,

796119 519291

traditional painting.

The group's

Ty Hafan lottery draw

130863.

263947.

440649,

471083

826036,

711748.

347799

THE following are winning 964142, 765517, numbers in the Ty Hafan 669359, 658298,

418541.

A number of further exhibitions are planned

599983.

626030, 587561, 258637,

221783, 759506,

170021, 862415,

883430

650446, 249364, 847066, 991, 1335. The GEM cannot be held responsible

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For lottery information please call telephone 02920 672062.

169098 105640

473459 789339

406853

429014 312368

417887 958884

207753

Llewelyn (15) lands a Lord of the Flies role

from beat off competition to win a role in a groundbreaking production of Lord of the Flies.

Brown Llewelvn (right) is now performing alongside professional dancers in Matthew Company of Wales. Bourne's 'New Adventures' production at the Wales Millennium Centre in Cardiff, which opened yesterday and runs until Saturday (October 25). He was selected to perform after taking part in workshops and

auditions. More than 400 boys attended pre-audition workshops over the summer, followed by invited auditions held in

Cardiff. Llewelyn commented:

"I was practically speechless when I was told I had been chosen to be part of the cast – it's an amazing feeling and I can't wait to get started, though I still can't quite believe it. I know it's going to be hard work but being part of *Lord of the Flies* will be Stagecoach Theatre Arts in Bridgend for 11 years, Llewelyn attends weekly

drama, dance and singing theatre of Lord Moya Vahey School of Russian Ballet Cowbridge, and is associate member of the National Dance



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BARRY RFC - A FOCAL POINT FOR THE WHOLE COMMUNITY



ARRY Rugby Football Club is justly proud of its 127 year reputation as a community asset of the town and is open to everyone.

At its home high above the town with panoramic views of the the Bristol Channel the senior teams hold their league matches; hundreds of youngsters learn the game on Sunday mornings, and throughout

learn the game on Sunday mornings, and throughout the week the facilities are available for local people and organisations to use. Local residents can become social members at the club for £10 a year allowing them to use the club and watch Sky TV.

Jon Venners, who started as a youth player in the 1970s, said: "The club has 400 registered players. There are 'minis', juniors, youth players, three senior sides, and a ladies team, the Bombettes, which is ranked in the top five in Wales.
"The age range at the club is from six years old

"The age range at the club is from six years old

to veterans.

"On Sunday mornings we have around 240 people here – kids, mums and dads all encouraging

the youngsters

Jon said that whether in Barry or further afield rugby union becomes a way of life for those that ioin a club.

"It gives a person discipline, the chance to meet people make friends and have a great social life."

Barry RFC has made huge strides in the quality

of its facilities and is keen that local people should

"We are a community club open to anyone -whether it's for a MIND group, PACT group, or slimming organisation.

"The club is also available to be used for family

events such as birthday celebrations, parties, engagements and funeral wakes.

There is a friendly, welcoming atmosphere at the club," Jon stressed.

There have been big changes in recent times: a floodlit training area developed with help from the WRU, a new lounge with work done at a reduced cost by local building company Pinit, an outdoor

terrace and a play area for younger children.

People enjoy watching Sky Sports at the

clubhouse, playing skittles and pool.

The club is particularly keen to see more use of facilities by local people whether for charitable events or any other.

Taking up the theme, first team manager Stuart Lock, who is also fixture secretary, and has been associated with Barry RFC for 27 years, explained: "We are proud of the role we play in the community

and the opportunities we provide.

"The minis and juniors' section doesn't just teach rugby skills, it develops life skills such as teamwork, discipline and leadership."

Stuart said that if there are parents who have youngsters aged six and over who would like to get involved in rugby, the club would be delighted to welcome them on Sunday mornings at 9.30am

where they would be guided and encouraged by qualified coaches.

"It is pleasing to see those who started as youngsters at six years old develop one day into oday's senior players.

There are not that many clubs that can boast such a strong mini, junior and youth section, three senior men's teams, a ladies' team and a veterans' team!

The coaching staff has recently been strengthened at senior level with Liam Scott, former Barry player Rhidian Scott, and head coach former Pontypridd, Sale, Gwent Dragons RFC and Wales' centre Jon Bryant, taking the reins. The club plays in Division 3 Central A, but is focussed on climbing the league ladder.

Stuart said that the ethos of training has changed

and Jon is very determined to bring through players with the potential to play in the first team.

Jon Bryant emphasised he was very enthusiastic about the playing future of the club and its ambitions for progression.
"I think the club has got great foundations in place. There is fantastic work going on in the junior

and youth sections.

"Younger players are getting chances in the first team and only two of the current players are over

30.

"A couple of youth and second team players have responded well when they've been given an opportunity at first team level.

"The average age of the squad is young and there is the potential for them to be together for a long

"The way things are developing bodes well for the future." CONTINUED ON PAGE 19

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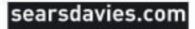


We would like to wish Barry RFC a successful season for 2014/2015



















A RUGBY CLUB FOR ALL AGES!





Barry RFC Vets team successfully defended their European title in Beauvais Veterans' Tournament 2014 – a third consecutive triumph, left to right, Jeffrey Williams, Charlie Chucas, Paul Haley and Clive Thomas.

CONTINUED FROM PAGE 20

The club recognises the contribution made by both its patrons and members over many years, who together with committed, supportive sponsors have been vital in progress made by the club - Karen Treweek and Richard Cook of Ewe Move: Lyndon

Smith of LDS Motor Factors; Ken Chow of Bridge2Aid; Julian Davies, who started his rugby at youth level with Barry and captained London Welsh, of Sears Davies Ltd; Gary Watson of Gary Watson Motors and Tony Mobey of Lyndon Scaffolding

The people who make the club tick - those that get up early to organise training, or to prepare the pitches, or spend time coaching the youngsters don't do it for financial reward, their aim is to put something back into the local community

CONTINUED ON PAGE 21

A message from Barry Rugby Club's chairman

Rugby Club, I would like to extend a warm welcome to everybody



attending Barry's matches.

May I also take this opportunity to congratulate all the players, coaches and everyone behind the scenes, who work so hard to make a club a success.

A lot has taken place at Barry Rugby Club in recent seasons and it would not have been possible without the financial help of our patrons and sponsors, so may I take this opportunity to thank them all for their

opportunity to thank
continued support.
As a club we wish to say a big 'thank you'
to the Welsh Rugby Union Charitable Trust
for the grant money awarded to Barry RFC.
GARY HAIGH

(Club chairman



Karen **Branch Director EweMove** Vale of Glamorgan

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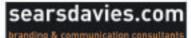
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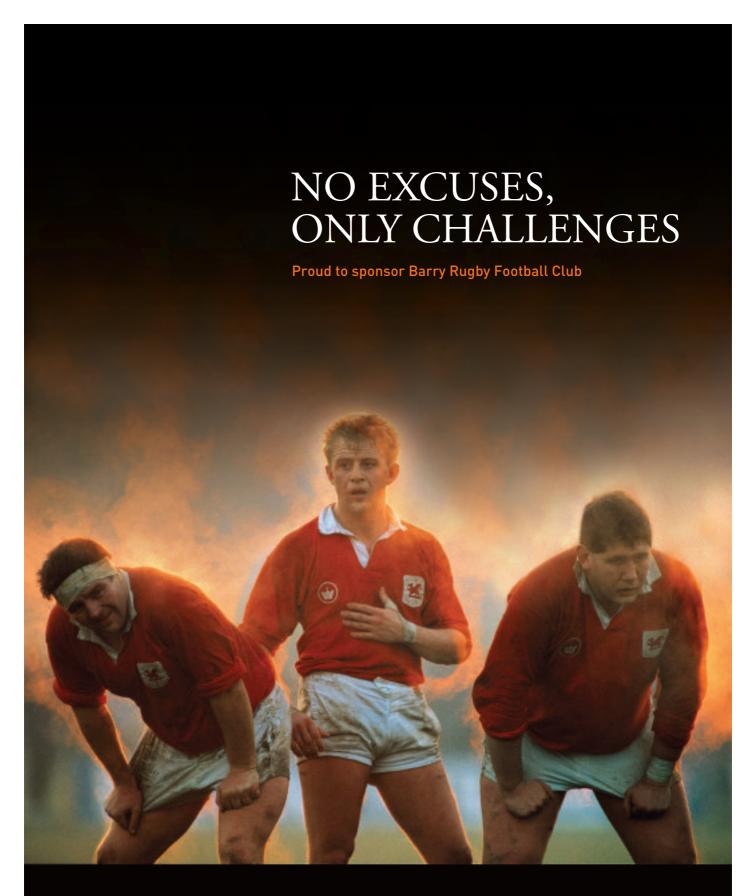
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BARRY YOUTH – back row left to right: Lewis Samuel, Dylan Robertson, Michael Dobbins, Rhys Buckley, Teifion Osborne, Curtis O'Connell, Ashton Slade, Tom Vincent Hunt, Ben Dwyer, Liam Quinn, George Chucas, Frank Peake. Front row left to right: Ross Merrills, Morien Evans, Tom Adams, Chad Travis, Matt O'Sullivan, Lloyd James, Morgan Wheeler, James Jones, Garth Peake, Liam John, Jamie Leech.



(CONTINUED FROM PAGE 19)

Barry Rugby Club has forged a proud tradition over 127 years, but is not letting 'the grass grow

The dream is for the club to have a two-tier club building in the future and to progress through the

leagues.
Full club membership is just £30 a year – and you can have all the social benefits, the camaraderie that sponsorship co-ordinator the rugby world offers, and be part of the club's (jonathanvenners@yahoo.com).

long-term journey

For further enquiries, please contact the following: club secretary Colin Ham (deanneham@ntlworld.com), membership secretary William Knapman (colin.knapman@ntlworld.com) and for advertising and sponsorship packages please



We are delighted to sponsor Barry RFC,

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Family pledge wildlife work will go on

Griff was 'a legend in modern day falconry'

A legend in modern day people drawing their pensions."

that's how the The Welsh Hawking Centre has its falconry' - that's how the family of Ceri John Griffiths, affectionately known 'Griff', will always remember

Griff (71) died following a tragic accident while a tree was being felled at the Welsh Hawking Centre on the

at the Welsh Hawking Centre on the outskirts of Barry.

His stepson Jamie, the centre manager, said that he and his younger brother, Griff junior, were determined to continue Griff senior's lifetime work.

Jamie told The GEM: "Griff founded the Welsh Hawking Centre when he took over the old Cardiff Zoo.

"He took on all the animals at the "He took on all the animals at the time, too, but his passion was always birds of prey and he became a legend in falconry. Griff was 71 and had flown birds for 55 years! He started out as a teacher and in every facet of life he october 29 at 2.15pm. Mourners are was an educator – whether it was teaching nursery age children or Club after the service.

own education centre.

Jamie said: "It proved a real hit with

same sauc: It proved a real nit wins schools who came. There was a real thrill for people when Griff was imparting his knowledge to visitors – he enjoyed the reaction.

"I and my brother Griff junior will continue Griff's legacy and to strive for what he wanted"

for what he wanted.

Griff was a pioneer in breeding birds of prey using artificial insemination and helped to set up programmes abroad.

He was also a tireless worker in the

He was also a tireless worker in the local community serving as president of the local Rotary Club.

Jamie added: "We will always remember Griff for his massive contribution to wildlife and conservation work."

CHAPMAN



Ceri John Griffiths, known to all his friends as Griff', was a world class expert in falconry and is shown with a white gyr falcon

'Bailey and me...'

One man and his dog boost charity cause

Stained glass

course in Sully

A stained glass course will be held at Sully

Old School Hall from 7pm to 9pm every

Monday. Telephone Eugene on 02920 345197

/07813280128 for details, or enrol on the

Cowbridge man and his dog have helped to raise £225 for the Alzheimer's Society, by completing the

Memory Walk.
Simon Wales told The
GEM: "I would like to thank everyone who sponsored me and Bailey, and I'm delighted to let you know that we completed the walk and with your support raised £225 for the Alzheimers Society, beating the target of

"Thank you to my friends and neighbours work colleagues and residents of Cowbridge including five local business companies.

"In no particular order, they are: Julie of 'Beehive', Simon of 'Simon's Cycles', Tesco Express, Darren and Paul of 'Select Convenience Store' and Nia of 'Caffi Nia' who unfortunately has left Cowbridge. Here's to 2015!"

Local law firm receives national commendation



ABOVE: Alexandra Jenkins and Victoria Pearce.

have been awarded statute which changes with Modern Law daily. This gives us a Award Highly huge advantage over Award Highly Commended Law Firm of the Year'.

The event was held in The Hilton Park Lane in London. Newbold faced tough competition against the UK's leading law firms, so it law firms, so it represented a huge achievement.

A spokesman said: "Our firm has grown so much over the past four years of trading, our revenue has increased by an astonishing 600 per cent. We now employ almost 40 local staff over four branch offices and are now able to serve clients from Cwmbran to

Swansea." Newbold's their success is due to

"Legal research material a firm cannot offer the very best service to their clients. They are, in the very best in client effect, advising their care," the spokesman from

LOCAL law firm experience, rather than Newbold Solicitors the latest case law and most other law firms. The success or failure of clients claims are often down to this."

Newbold know that it can be difficult for local people to trust a new firm when they may have been instructing the same firm for 30 years. They may not even recognise the firm and fail to realise just how large Newbold's has become

"Newbold complete on literally thousands of house sales and purchases every year and offer the legal knowledge you get from instructing London law firm without

the city centre fees.
"Newbold are pleased their success is use to employing the right staff, to announce two neminvesting in new team members to expand technology and research office, Torri and Alex (strengt above). Both (pictured above). Both have joined us from large expensive but without it, conveyancing firms and they have an excellent reputation for providing past concluded.



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Vale Brass band's birthday concert

THE Vale of Glamorgan Brass many of Wales' top solo euphonium, where at Formoon Castle in Sand, which is celebrating its 40th Dare, playing at venues at number of venues in a number of venues in an the Vale, and on Friday, October 31 the band, directed should be contained by the contained of the vale and the possible of the vale and the vale at Formoon Castle in September. The band has been play, I am also enjoying the less competitive fortunate in this amonghere of lower anniversary year to play alongside some very already worked with Male Choir, cornet cornet already worked with Male Choir, cornet cornet and the vale and singer, Patsy Hunt.

The band, sponsored by Dinas Powys uniform outfitters 'A Class Apart' and 'CJ Contract Travel Services Ltd' of Barry will include show songs traditional brass band arrangements and marches. A special guest is euphonium soloist

Robert Burnett. "I started my musical "I started my musical journey playing bass drum in the Salvation Army, and at the age of 10, I was given a euphonium by my dad, who was the Junior Bandleader, and told to 'inst yet on with it' be 'just get on with it'," he recalled.
"I played with the

Salvation Army Band until aged 18 and tried to give up playing, but my mum would have none of it and she pushed me into

joining another band."
Robert went on to play

the band, directed by David Short, will by David Short, will was forced to come out appearance at the rautumn concert in play for two French the Parish Hall, Dinas Powys.

"i spent some time months, when he helped and singer, Patsy Hunt. The concert starts at papearance at the 7.30pm and tickets present their autumn concert in play for two French Llanelli, where they the door from 6.45pm or the Parish Hall, binas Powys.

The band, sponsored where I have joined the He also conducted the

Hog roast raises funds



THE Vale Hamilton Howard Mavoress Carol Hamilton supported the

Coun fundraising evening and Athan Community Centre.

They are pictured with the charity's Wales Air staff and volunteers, and Vale AM Jane Ambulance Service hog roast Hutt who was also present

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Survivor's testimony 'powerful reminder of Nazi horror camps'

Pupils learn about the Holocaust at first hand



ON Monday, October 20, 130 year-8 students from Llantwit Major Comprehensive School heard testimony from Holocaust survivor, Joan Salter, as part of a visit organised by the Holocaust Educational Trust (HET).

The testimony was followed by a question and answer session, which enabled students to better understand the nature of the Holocaust and to explore its lessons in more depth.

The visit was part of the Holocaust Educational Trust's extensive all-year-round outreach programme, which is available to schools across the UK. Headteacher Dr Browne said:

Headteacher Dr Browne said: "It was a privilege for us to welcome Joan Salter to our school and her testimony will remain a powerful reminder of the horrors so many experienced

the horrors so many experienced. "We are grateful to the Holocaust Educational Trust for co-ordinating the visit and we hope that by hearing Joan's testimony, it has encouraged our students to learn from the lessons of the Holocaust and make a positive difference in their own lives."

Karen Pollock, chief executive of the Holocaust Educational Trust added: "The Holocaust Educational Trust educates and engages students from across the UK, from all communities about the Holocaust and there can be no better way than through the first-hand testimony of a survivor.

"Joan's story is one of

"Joan's story is one of tremendous courage during horrific circumstances and by hearing her testimony, students will have the opportunity to learn where prejudice and racism can ultimately lead.
"At the trust, we impart the

"At the trust, we impart the history of the Holocaust to young people, to ensure that we honour the memory of those whose lives were lost, and take forward the lessons taught by those who survived."



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3 Davs

4 NOV



PABIA



Pupils learn more about 'Lynn the Leap' in a workshop at Ogmore Valley Life Centre.

The day Lynn leaped into Olympic history

OVER 60 youngsters from Ogmore Vale Valley Life Centre to celebrate the 50th anniversary Primary School came together last week of Lynn Davies' gold medal success in the long jump at the 1964 Tokyo Olympics. to honour one of Bridgend County Borough's most famous athletes - 'Lynn the Leap'.

On Friday, October 17, pupils gathered at Ogmore

£4,000 fine for poor food hygiene

ENVIRONMENTAL health officers from Bridgend County Borough Council have uncovered poor food hygiene practices at the Seagull Inn in Porthcawl.

During a routine inspection earlier this year, officers say that they found dirty kitchen equipment, large quantities of mouldy and out of date food which was unfit for consumption, and food that was being handled and stored in a manner that posed a risk of food poisoning.

After being prosecuted by the council in Bridgend Magistrates' Court on September 22, the pub's food business operator Andrew Lock pleaded guilty to 10 food hygiene offences in court. He was fined £4,000 - £400 for each offence – and was also ordered to pay £750 investigation costs, £400 legal costs and a £120

victims' surcharge.

Coun David Sage, Bridgend County Borough Council's deputy leader, said: "Residents can feel reassured that environmental health officers regularly inspect local food businesses to check that the standards of food preparation and cleanliness do not cause any health risks.

"When you go out for a meal, the least you should expect is food that is safe to eat. This prosecution is therefore welcomed and should lead to improvements being made to food hygiene standards at the Seagull Inn."

Cancer help road show in Bridgend

AN interactive road people in the Bridgend show for people area to the range of affected by cancer activities and support off stops Bridgend Life Centre (The Rec) on activities. There will be activities. There will be November 6 and information stands from will feature a range of taster events and physical, emotional and information stands, social support in the from 1pm until community.

It is being organised by the Macmillan therapy team, based at Singleton Hospital, Swansea.

occupational "We aim to introduce show.

at available in the area.

groups that provide

"If you have been

runs the centre, will be Advanced practitioner handing out free seven-occupational therapist day leisure passes to rates. Wendy Wilkinson said: people attending the road Th.

Lynn, from Nantymoel, jumped 8.07 metres to beat the reigning Olympic champion and world record holder, Ralph Boston, becoming the first Welsh athlete in the process to win an individual

Olympic gold medal.

Friday's event, which was supported by BCBC's Active Young People's department and HALO Leisure, saw pupils taking part in workshops where they were shown Olympic memorabilia, including the torch carried by Muhammed Ali at the 1996 Atlanta Games.

They also learned more about local hero Lynn and tried to guess the distance he jumped -

some even trying to beat his record!

BCBC Leader Coun Mel Nott, said: "Lynn Davies remains one of Bridgend County Borough's most iconic figures, and we would like to congratulate him on the 50th anniversary of his exploits at the

Tokyo Games.
"This event shows that he is still held in extremely high regard in the county borough - not only by his contemporaries, but also by successive generations of young athletes, and it is a pleasure to see how eager our young people are to follow in his

Lynn, who was recently made a CBE by the Queen, has been president of UK Athletics for the past 12 years, and remains one of the greatest athletes the UK has ever produced.

He attended Ogmore Grammar School and then

went to Cardiff Training College. His first job was as a PE teacher at Bridgend Grammar School, where he

vas teaching when selected to go to Tokyo.

Lynn also played for Pencoed RFC for three seasons, and played football for Lewistown, where a children's park was named after him following his gold medal success.

He now lives in Castleton, between Cardiff and Newport, with Merial, his wife of 48 years.

Time Out to support the ex-offenders

'TIME OUT' is a new project which especially supports ex-offenders and young people.

Often these issues affect relationships and cause mental health problems and we are happy to support and mentor those who are trying to cope with

them.

We are based at the Solid Rock (Youth) Cafe 77 Nolton Street, Bridgend, CF31 3AE and are open every Wednesday from 2.30pm-4.30pm.

As a church based team, we have years of experience supporting prisoners during their sentences and are aware of the re-offending

This has motivated us to support ex-offenders

in the many issues they face when being released from prison.

We believe that whether they 'make it' on the outside can depend on the level of support they receive.

We also believe that supporting people who have drug and alcohol addictions can help prevent them going into crime.

Anyone who visits us will be made to feel very welcome and be offered the right support. If required, we can

refer clients on to other support agencies. Also on offer is free

tea/coffee and biscuits! You can contact us on 07856 290737.

Margaret Spill 10

NEWS FROM BRYNTEG SCHOOL

Dylan Thomas (and friends) see war poems published!



Gibson's 'Creative Writing Club' Brynteg school Matthews, Lizzie Dowdall, pupils have done some really Dylan Thomas and Kayleigh

pupils have aone some ready Byan Inomas and Kayleigh exciting work over the last year, Granville from year-8 on achievement of which has resulted in four having their war poems selected pupils seeing their work and published in the Young published. Writers publication, 'War of pupils have."

Congratulations to Abbie Words'. A delighted Mr Gibson said: "This is a fantastic on achievement and proves what real flair for writing these

Town Rider eases mobility problems

PEOPLE with mobility problems in Bridgend county borough will soon be able to get around more easily – thanks to a new door-to-door community bus

service.
The 'Town Rider' project run by registered charity Bridgend Community Transport, formerly known as OTED, has been awarded more than £51,000 from the EUfunded South East Wales Community Economic Development (SEWCED) programme towards the purchase of two accessible minibuses.

The scheme will help people living in isolated areas, wheelchair users, adults with additional learning needs and other

including healthcare and community and educational activities

Supported by the European Regional Development Fund through the Welsh Government and run by a six-Valleys local authorities' consortium of Merthyr Tydfil, Bridgend, Blaenau Gwent, Caerphilly Rhondda Cynon Taf and Torfaen, SEWCED has invested £6.4m in 110 social enterprises since i began in 2010, helping to create 18 social enterprises and 100 fulltime jobs.

Established in 1991. Bridgend Community Transport is the only not-for-profit community transport provider in Bridgend County Borough, delivering an affordable, accessible bespoke minibus service for community groups.

Pupils pen lines for 'Dylan's Great Poem'



PICTURED ABOVE Chloe Cox, Imogen Lewis and Holly Jones.

week to receive short poems online.
news that three After an anxious to celebrate 100 years since the birth of Dylan Thomas.

'Dylan's Great Poem', a national competition organised Developing Dylan at 100', encouraged anyone aged from seven to 25 to enter four lines of poetry based on the theme of 'remembering' for a chance to be published in a 100-line poem.

Encouraged supported English Brynteg pupils put pen to paper and on National

BRYNTEG School Lewis (lower school was delighted last librarian), submitted their

After an anxious wait talented pupils' we were thrilled to find work had been out that work by Imogen we were thrilled to find published in a poem Lewis of year-7 and year-8 pupils Chloe Cox and Holly Jones had been selected to be published in the final poem.

The girls were ecstatic when they found out the good news and could not believe they were lucky enough to have their work published in a poem to celebrate the famous Welsh most writer of all time.

ed and *The poem was*by their *broadcast on BBC Radio*teachers, *Wales and can be found* paper and on National Poetry Day, assisted by http://www.developingdy Mr Gibson (English lan100.co.uk/dylans-department) and Mr great-poem/. PD

> You can follow The GEM on Twitter find us @gem_news

Bridgend Ramblers break 10,000 miles in distance challenge

programme while fortnightly celebrating milestone in the

recorded distances were participants. added together. The team has five members in the www.bridgendramblers. top 20 and two in the top co.uk for details of the

BRIDGEND The group's winter Ramblers Group walks' programme has the usual choice of three walks of differing lengths winter walks of differing lengths white walks of differing lengths with the walks of differing lengths with the walks of differing lengths with the walks of the a walks.

The short walks Wales Pedometer Challenge. section recently achieved a 'season's best' with a total of 42 walkers and section recently achieved Their team of 27 four dogs taking part in a participants in the challenge broke through Wick; the medium and the 10,000-mile distance long walks regularly when their individual achieve over a dozen

new programme.

FREE TAX ADVICE

holding a free tax advice surgery at the Senior Health Shop, Holton Road, Barry, on Monday, October 27, from 9.30am-

No appointment is needed to see retired professional tax advisers. Contact 01446 732385 for further information. Home visits

can be arranged.

TAXHELP for Older People holds free

advice surgeries at Llantrisant Library, Pencoed Library and the Barry Age

Cymru office.

To book an appointment, or to use the telephone helpline, call 0845 6013321.

AGE CONNECT Cardiff and Vale,

World Mental Health Day at library



Joseph is a very sprightly nine-year-old!

JOSEPH is a nine-year-old Russell Jack Terrier. but don't be put off by his age! He is a super active dog and loads of fun!

He mixes nicely with other dogs and enjoys a long walk and off-lead exercise. New owners will need

some dog experience, and we feel Joseph wouldn't want to be left for too

A quiet home would be preferable for him, so that he is given time and space to settle in. He is a lovely terrier and will be a fun companion! He can live with

terrier and will be a run companion, children 14 years and over.

If you can offer Joseph a home, please call us on 01656 725219, or visit us at Dogs Trust Bridgend; we are open 12pm-4pm every day, except Monday.

LINDA FEAGAN,

Supporter Relations Officer, Dogs Trust Bridgend

Poets on an open mic

WORLD Mental Health Day was marked at Barry Library (above), advice available from Mind in the Vale, Nexus and the PCSO and Police

spoke on the importance o raising awareness about menta health issues and needs and working together to tackle stigma and fear.

Library (above), with a POETRY reading and open Ogmore poet Dannie Abse, support, information and mic opportunity for aspiring recently died aged 91.

An open mic session provided an opportunity for up-coming poets to air Village Hall, Ewenny on their material. Friday, October 17, when all

The success of this event proceeds were for repairs to demonstrated the creative talent in the Vale, and highlighted a demand for Local poets Robert Minhinnick and further such opportunities. Kristian Evans began the evening with

Anyone interested in arts events readings and reminiscences of Ewenny should visit: Ewenny Arts Festival and surrounding area. It was also an website, and facebook page, as well as opportunity to pay tribute in verse to Sustainable Wales, Porthcawl.

Animal cruelty on agenda

THE Vale Council is organising a free seminar on putting an end to animal cruelty and wildlife crime on Thursday, October 30 from 5.45pm-8pm at the council chamber, Civic Offices,

Register by emailing Mark Petherick on mpetherick@valeofglamorgan.gov.uk or phone 01446 709853. The seminar will be chaired by Vale biodiversity champion, Coun Rob Curtis.



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amateur poets was held at The

Volunteer Lisa Mathews. Jane Hutt AM for the Vale





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WHEN IS THE BEST TIME TO REPLACE FASCIAS AND SOFFITS?

Once titled, PVC-U rooffine products such as fascia boards and soffits need no maintenance, giving them a huge adventage over timber

At Securehome, a costly mistake we see home make is to leave it too late to install PVC fuscise and softs

If your timber roofine is basically in good shape, you can save money by opting for an over cap This involves fitting a 9mm loscia board on top of the original timbers.

Once the PVC is overlaps the wood, the timbers are shielded from the elements. As the board is only over capped on the front and bottom any damp can still day out in through the top and back.

However, if you've left it a little longer and the timbers are rotter, then the only option is a full replacement. This involves removing all of the old fascia boards and soffits and replacing them with PVC-U ones that are usually 16-25mm thick: Replacement is also likely to mean taking off the bottom few layers of

tiles or slates to fit the boards, as the fascies butt the roof under the As you can imagine, replacement is more time consuming and as a consequence, the costs of lebour and materials increase. The educatege of a full installation is that it is thorough. The simple act of lifting the

tiles, for example, can help uncover rotten butons or roaling fel-Before carrying out any installation, a Securahome's estimator will o out a full inspection of existing simbers to assess the best option to offer

lasting value for you and your home. As Kestrel Registered Installers, at Securitorne we can offer extended

guarantees of up to 35 years on roof ine products





A Glamorgan GEM Advertisement Feature KEEP YOUR CAR IN TIP TOP CONDITION WINTER IS APPROACHING...

So now is the time to get your vehicle serviced

ROSPA - the Royal Society for the Prevention of "A single journey may take us Accidents – emphasises into very different weather, road that you and your car should be well prepared for the property of the property journeys in the poor weather we are likely to get in the months ahead.

A spokesman pointed out: had sufficient anti-freeze.
"Driving in the winter is very different from at other times of the need to have checked before the

periods of darkness, especially after the clocks go back at the end of October, makes driving more hazardous.

experienced extremes of wash.

Tinter driving is all adapt the way we drive. Different pressure need to meet legal about proper weather conditions create requirements (and that includes different hazards throughout the winter and in different areas of the winter and in different areas of the country at different times.

motorists made sure they had a proper service before the start of winter and ensured the vehicle

ar. onset of adverse weather "Poor weather and longer conditions?

You should ensure that: Lights are clean and working.

The battery is fully charged.

zardous. Windscreen, wiper blades and "Sometimes conditions can be other windows are clean and the extreme - in recent years we have washer bottle filled with screen

The condition of tyres needs to flooding. The condition of tyres needs to "This means that we need to be good, the tread depth and

Brakes need to work well.

Fluids should be kept topped up, especially windscreen wash (to the correct concentration to prevent it freezing), and also anti-

PREPARE YOUR JOURNEY

The spokesman said that if a motorist was undertaking a long journey, being prepared was essential.

"Listen to local or national weather broadcasts and travel bulletins - especially for the areas you will be driving through.

"As conditions can change rapidly, check them regularly and be prepared to change your plans if conditions on your route worsen."

CONTINUED ON PAGE 27

25 Car Body Repairs "Now 10 Years in business"

Tristan Greedy would like to inform all of his customers that due to business expansion they have moved from the Heritage Business Park, Wick Road, Llantwit Major to their new premises (next door to the Post Office sorting office), Llandow, Vale Business Park - and it's business as normal.



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YOUR CAR IN A Glamorgan GEM Advertisement Feature

KEEP AN EYE

CONTINUED FROM PAGE 26

spokesman continued: "If conditions fuel tank near to full to are very bad, and the ensure that you do not emergency services are run out. people don't travel, then avoid making your mobile phone, so you can journey unless it is call for help or alert absolutely necessary. absolutely necessary.

by other means, or avoid the need for the journey completely by using the phone or email?

'essential' to one person may not be to another: we each have to make own decisions couple ding to our energy b according circumstances.

"But, try to be realistic essential and which ones could be postponed.

If you decide you really must travel:

 • Let someone know where you are going and what time you

Prepare yourself

**P you get into people have difficulties.

plan alternative routes in as case your main choice of organisation

route becomes impassable

Keep

Make sure you have a fully-charged "Can you postpone delayed - it could be a your trip? Can you travel long walk to a phone, if you don't have a mobile

phone.

• If you don't have an emergency kit in "Of course, what's your vehicle, at least take extra warm clothes, boots and a torch. Consider keeping a couple of long-life energy bars in the glove

Clear your about which journeys are windows and mirrors completely of snow and ice before you set off (make sure the heater is blowing warm air before

experience of driving in so the advised

your their driving

He urged: "Don't just any driver assessment or can see to be clear. training? This is an ideal time for some refresher maximum in training. If training, take advantage often be too fast.

of it.
"Or you can contact and acceleration, of the RoSPA Advanced sharp steering, and Riders "Always reduce your "Always reduce your "Throughly and in nearest to you, go to slippery surfaces.

colds or other illnesses corners. during the winter.

"If you're feeling so ill be affected, don't take the chance of driving

DRIVING IN ICE OR SNOW

driving in snow, or on icy vehicle to spin. is a motor or snow covered roads, "To brake on ice and nightmare, little conditions.

The speed. The chances of brakes gently. skidding are much "Increase

to consider how it affects distance will increase massively.

"Only travel at a speed drive as normal. When at which you can stop braking. was the last time you had within the distance you "Keep

"Speed limits are the ideal your conditions; in difficult employer provides driver conditions, they can

Group' in your area. To speed smoothly and in find out which is the plenty of time on

"Braking on an icy or snow-covered bend is that your driving might extremely dangerous. The centrifugal force will continue to pull you outwards and the wheels this commonly occurs will not grip very well, under bridges. If you find yourself This could cause your

hope to arrive, so that The ROSPA ROSPA says you must snow without locking they can raise the alarm spokesman said most adapt your driving to the your wheels, get into a ROSPA says you must snow without locking should you do? low gear earlier than spokesman normal, allow your speed Make sure you extreme conditions, such advised: "Reduce your to fall, and use your

people to take some time greater and your stopping between you and the vehicle in front. You may need up to TEN TIMES the normal distance for

> "Keep your vehicle well-ventilated. The car heater turned up full can quickly make you

> drowsy. "In snow. frequently to clean the windows wheel arches lights and number plates.

> "Visibility probably be reduced, so use dipped headlights.

"During wintry weather, road surfaces www.roadar.org. "Slow down in plenty are often wet and/or "A lot of us will catch of time before bends and covered in frost and ice or snow. But this does not occur uniformly.

"A road will often have isolated patches of frost or ice after most of the road has thawed

Getting stuck in snov is a motorist's worst so

The spokesman said: "If you get stuck in snow revving your engine to try to power out of the rut will just make the rut worse.

vehicle backwards and forwards out. out of the rut using the

slowly push or get your shovel service or the emergency

The spokesman highest gear you can. continued: "If you get "If this doesn't work, caught in a snow drift, you may have to ask a don't leave your vehicle

"Instead, move your friendly passer-by for a Call your breakdown services and let help come to vou."

> CONTINUED ON PAGE 28

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A Glamorgan GEM Advertisement Feature KEEP YOUR CAR IN TIP TOP CONDITION!

Weather conditions that can make your journey difficult

CONTINUED FROM PAGE 27 RAIN motorist's vision and greatly increases the distance required to slow down and stop. The spokesman said:
"Remember that you will need about twice your normal braking

Don't forget to

book in for a Winter

vehicle check

01446 773768

distance "Use

"Use windscreen wipers, washers and dipped headlights; drive smoothly, and plan your moves in plenty of time.

The spokesman added: "Aquaplaning is caused by driving too fast into surface water. When the tyre tread cannot channel away enough water, the tyres lose contact with the road and your car will float on a wedge of water.

"Aquaplaning can be avoided by reducing speed in wet conditions.

"Having the correct tyre pressure and tyre tread depth will maximise your tyres' ability to maintain their road grip.

"If it happens, ease off the accelerator and brakes until your speed drops sufficiently for the car tyres to make contact with the road again."

FLOODED ROADS

How should you tackle roads where flooding has taken place?

The top tips are:

Avoid the deepest water – which is usually near the kerb.

Don't attempt to cross if the water seems too deep.

If you are not sure of the water's depth, look for an alternative route.

If you decide to risk it, drive slowly in first gear but keep the engine speed high by slipping the clutch – this will stop you from stalling.

Be aware of the 'bow wave' from approaching vehicles – operate an informal 'give way' with approaching vehicles.

Remember to test your brakes when you are through the flood.

FOG

Avoid driving in fog, unless your journey is absolutely necessary.

Fog is one of the most dangerous weather conditions.

An accident involving one vehicle can quickly involve many others, especially if they are driving too close to one another. See page 28 for the best ways to avoid a breakdown when the cold weather hits!



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utomobile Association experts know what they are talking about when it comes the roadworthiness of vehicles. So, any motorist would be well to the roadworthiness of vehicles. So, any motorist would be well advised to take heed of their advice. Winter is the season requiring

most care and preparation, if you're to stay safe and avoid a breakdown. Here is the AA's general advice for safe and trouble-free driving

through the cold, dark months that

Lights, heaters and wipers put high demands on the car battery. If your driving is mainly dark, rush-hour trips, the battery will give out eventually.

Batteries rarely last longer than

five years. Replacing one near the end of its life can save a lot of time and inconvenience at the side of the

 Avoid running electrical systems any longer than necessary – turn the heater fan down and switch the heated rear window off once

heated rear window off once windows are clear.

• If the car stands idle for most of the weekend, a regular overnight rickle charge is a good idea to give the battery a chance to revive.

• Turn off non-essential electrical

loads like lights, rear screen heater and wipers before trying to start the

frozen, too.

Stop the engine immediately and allow it to thaw out. This may take several days, unless the car can be moved to a heated garage.

If the car begins to overheat a few miles from home, it's likely that the radiator has frozen preventing

the radiator has frozen, preventing coolant from circulating. Stop straightaway, to avoid serious damage and allow the radiator to

- Antifreeze costs only a few pounds, but a frozen and cracked engine block will cost hundreds of pounds to repair.
- Most modern cars use long-life antifreeze it's important to use the right type and avoid mixing different types. Check the handbook or ask a dealer for
- advice.

 Glycol-based antifreeze should
- be changed at least every two years.
 You need a 50–50 mix of antifreeze and water in the cooling system for winter. This gives maximum protection down to -34° centigrade, and without it, severe engine damage costing hundreds of pounds can occur.

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WEST END BARRY'S CHARITY FASHION SHOW FOR LAYLA-MAE PROVES A HIT!





To help celebrate their 5th anniversary in business...



in conjunction



would like to offer a deserving home/family the chance to have a brand new floor/carpet, plus free fitting as part of their 5th birthday celebrations.

Chris & Michelle, owners of twenty 12 commented: "Having worked in the Vale with loyal customers, we feel it would be a nice gesture to offer this chance to a deserving home. We felt that The GEM readers would be the perfect people to nominate someone they know!"

All you have to do is email gemsales@tindlenews.co.uk telling us in no more than 200 words why you think your nomination deserves the help.

Normal competition rules apply. Judge's decision is final and no correspondence will be entered into. Closing date: 30th October 2014









PHOTOGRAPHS by GLYN EVANS

OTHER PICTURES ARE AVAILABLE FROM THIS EVENT.

Pictures can be purchased by contacting:

E-Mail: ffotoimage@tiscali.co.uk Telephone 07791 228684 www.ffotoimage.co.uk

A charity fashion show to support sixyear-old Layla-mae Cummings, who had a brain tumour removed recently at Great Ormond Street Hospital, raised nearly £1,400.

Layla-mae is the daughter of Claire and Gareth Cummings and the grand-daughter of Bob Armstrong of Dr Bob Balloons Unlimited in High

The evening was organised by Jane James of Jade Boutique and Kathy and Ron Buckeridge of Scarlets Wine Bar

Bob told The GEM: "As a family we were overwhelmed that Jane and Kath organised the event and at everyone's generosity.

"At first the models were a little nervous, but they got into the swing of things and there was a great atmosphere.

To top things off, Paul Adamson of The Jam Fund made another substantial donation on top of the £1,400 from the evening.

Bob said: "Paul donated £1,000 which was so generous of him."

Jane James of Jade Boutique, who was the inspiration behind the evening, explained: "We've raised nearly £1,400 and just wanted to support Layla-mae, Claire, Gareth and the family

'Our thanks also go to all the local businesses who donated raffle prizes, the people who attended on the night, and the models and 'dressers' who put on the show







New post for Dr Smith sparks row in council

by PHILIP **IRWIN**

A ROW has broken out after the cabinet of Bridgend County Borough Council (BCBC) decided to create a post for an extra member – taking the cabinet from six to seven.

Both the Conservatives and Lib-Dems accused Labour of ignoring the current austerity climate that was demanding cuts in many areas of counci

areas of council spending.

In a letter in today's GEM (see page 2) BCBC's only Conservative member, Coun Ken Watts, says: "The person appointed to this role is Coun Charles Smith, who will now receive £16,000 on top of the £13,000 he already

receives as a councillor.

"This is an extra
£16,000 that council taxpayers have to fund, at a time when they are already being asked to pay an extra 4.8 per cent on their council tax from

next April.
"The size of the cabinet in Bridgend has remained at six for the past 12 years but, apparently, they are now so over-worked that they are having to put in eight and nine hour days in return for their pay of £29,000 a year.

"So, it has been decided to lighten their load by appointing a seventh cabinet

member."
The Lib-Dem Leader on BCBC, Coun Cheryl Green, said: "While there are staff who are being made redundant after years of service, it is not acceptable to increase the cost of

cabinet posts.
"I am sympathetic with issues of illness but the cost of the extra post should be met from the existing six allowances."
BCBC confirmed that

Dr Charles Smith has been appointed as the new cabinet member for 'Strategic Change' and



COUN CHARLES SMITH.

the statement.

pressures caused by the changing face of local government services.

It says that an existing budget will be used to fund the salary until May 2015 and it will not come at any additional cost.

BCBC says that it is entitled to nine cabinet say positions under current be legislation and the new post took the total

structures in Wales.

It should be pointed out here that BCBC say out here that BCBC say as how we can make that there are six cabinet efficiencies in a humane, members because Coun intelligent way.

members because Coun Nott, as Leader, is not being counted. Coun Watts said: "That is just absurd. The Leader chairs the cabinet and has always been to provide services.

counted as a member of "Partnership brings the cabinet". "Partnership brings opportunities, and I'll be

JOBS BOOST

(CONTINUED FROM PAGE 11)

The announcement was made on the same day the Economy Minister officially opened Tenneco Walker's new manufacturing facility in Merthyr

Tydfil, creating 224 jobs.

A WG spokesperson said: "Both announcements come at a time when inward investment performance in Wales is at a record high. In 2013/14, 79 foreign direct inward investment projects were attracted, creating and safeguarding 10,805 jobs.

projects were attracted, creating and safeguarding 10,805 jobs.
"The number of jobs recorded in Wales increased by 53 per cent on the previous year, bucking the trend for the rest of the UK, where total jobs numbers were down 35 per cent."

role of cabinet member for Strategic Change and I believe that the authority is going to greatly benefit from his particular skills and expertise."

Sustrans - the charity that encourages people to take there was more than a economics examiner and little corporate jargon in author. more journeys by walking, cycling, scooting and public Coun Smith, who is

the statement.

It read: "The role has been created to help Llangewydd and drive forward the objectives of the council's efforts to cover council's corporate plan an anticipated funding and assist in the delivery of the strategic change programme, as the means that the authority authority meets is making some highly unprecedented additional significant changes in the pressures caused by the way that it is structured. way that it is structured and how services are delivered.

government services."

It went on to say that
the post will be reviewed
next May, when the
authority selects its next
administration and
cabinet portfolio holders.

It says that an existing
to support economic
budget will be used to
levelopment, and I will
fund the salary until May be
annoying this be applying this knowledge to the new

"It's not just about saving money – I'll also be collectively supporting my fellow cabinet members in their number to six, meaning it roles and looking at ways was still one of the smallest cabinet democracy and ostructures in Wales.

It should be pointed people we serve as well

> "Modern local government has seen an increasing focus on working more closely with other organisations

the cabinet".

A retired university keen to assist colleagues lecturer in economics, with this, along with Coun Smith was senior developments such as the quality manager in the electrification of the rail humanities faculty at system through to Swansea Metropolitan Bridgend, our status as University, and has part of the city region national standing as an offer tourism as for tourism as demonstrated by the recent Senior Open in Porthcawl. Bridgend county borough has huge

potential, and part of my job will be to help achieve this." The Leader of BCBC

Coun Mel Nott, added "Coun Smith is an excellent choice for the role of cabinet member

county borough to achieve the

Brackla pupils regularly travel to school on two wheels, and enjoy taking part in the weekly 'Bike It' club sessions and Wheelie Wednesdays, where anyone who cycles or scoots to school is entered into a raffle to stand a chance of

winning a prize. Skills sessions have also been held so that the pupils can pick up riding tips, safety advice and learn about bike and scooter maintenance.

BRACKLA is the first

primary school in Bridgend

Silver Mark Award from

transport.

BCBC's Sustrans schools officer Roger Dutton said: "The pupils and

teachers at Brackla Primary School have put a lot of energy into their cycling and scooting initiatives, and whenever I visit the school I'm always pleased to see how full their bike and scooter racks are, even when the weather isn't so good. "They deserve to be the first

ACTIVE SCHOOLS LEAGUE!

Smileage.

local primary school to achieve this award and I'm sure that others will be inspired to follow their lead." Coun Huw David, cabinet

member for children and young people, added: "Providing they can do so safely, travelling to school by bike, scooter or on foot is a great way for pupils to keep fit, helps the environment and also saves on petrol costs for parents.

"Making active travel part of a child's routine from a young age can help instil positive habits for the rest of their lives, and the pupils and teachers at Brackla Primar School deserve credit for setting an excellent example."

Daniela coins in the cash for Ty Hafan on her first triathlon

WHEN Royal Mint employee Ďaniela Jones learnt to swim just two years ago, little did she know that she would be competing in - and completing – this year's Pencoed Novice Triathlon in aid of Tŷ Hafan, family hospice for young lives at Sully.

Spurred on by competition from two of her friends, Daniela, from North Cornelly, from North Cornelly, Bridgend, took part in the 400m swim, followed by a 17km circular cycle route, and finally a 3km run to complete her first ever triathlon, raising over £270 for the south Wales-based children's charity

Wales-based children's charity.
Daniela (41), had never been keen on learning to swim, but decided to do so as a role model for her two young boys. She soon found that she loved it "I was hooked!" she

said.
"I was so impressed with the invaluable work that Tŷ Hafan carries out in support of children and their families that I wanted to do competing to do something to contribute. I found that I



was able to fit my was able to fit fify training around my normal life, swimming twice a week, running twice a week and on the weekend I'd go for a bike ride." bike ride.

It turned out to be a tougher test than expected for Daniela, who not only faced the challenge of the triathlon itself, but had to contend with a bicycle breakdown two kilometres in to the cycling leg of the race, meaning that she had to complete the circuit using only one gear, which slowed her down

considerably Undeterred, Daniela finished the experience in high spirits, saying: "I'll try again next year with a new bike and a better attitude!"

Tŷ Hafan, which celebrates its 15th

anniversary this year, provides comfort, care and support to life-limited children and their families

throughout Wales.
The charity takes its support right into the family home and is there to help families through every step of their unimaginable

ourney.
Employees from The Royal Mint in Llantrisant chose to champion Tŷ Hafan as

champion Ty Hajan as their 'Charity of the Year' after hearing about the work of the children's hospice. They will have the opportunity to support the charity as volunteers through The Payal through The Royal Mint's 'Give a Day' corporate community day scheme, or take part in Tŷ Hafan's planned fundraising events. Wendy Collie, business and community fundraiser for Tŷ Hafan,

said:

"We're delighted
that The Royal Mint
employees have been so enthusiastic in supporting the Tŷ Hafan cause with this

partnership. "It's a great opportunity for them to gain an insight into the support, comfort and care we offer families at To Hafar." Tŷ Hafan

'National Black Cat Day' to be marked in Bridgend

Pupils from Brackla Primary School celebrating their Sustrans Silver Mark award with teacher

Lesley Thomas and Bridgend county borough council's Sustrans schools officer Roger Dutton



Nessie.

IMAGES by SUE **DOBBS**

> BELOW: Queenie.



CATS Protection's at the centre. Bridgend Adoption Centre is holding its annual 'National Black Cat Day' on Thursday, October 30, and is an ideal the world how wonderful black Protection we are cats are, and to standing up for the encourage people to 'under-cat' and asking find a place for people to remember that them in their hearts fur colour is only skin and homes.
Following the success

ronowing the success of last year's black cat their home." campaign, the charity is asking people to 'paws' the activities and for thought when calebrations, go to: adopting and think about https://lwitter.com/CPbrithelians. the plight of black cats who tend to lose out on homes to more colourful Two such cats are

and Nessie, eight years old. Both are adorable, and loving cats who have becoming long stay cats 01656 726621.

"Once favoured by storytellers in tales of magic and witchcraft, cats black developed an undeserved bad reputation that is still opportunity to show bubbling away," said Sue Dobbs, centre manager.

"However, at deep and to consider taking a black cat into

dgendAC and show your support by uploading your own black cat photo and giving a small donation by texting Queenie, two years old, BLKC60 followed by £3 to 70070.

Forbeen overlooked because information, please of their fur colour – sadly contact Sue Dobbs on

Jones and Hook miss out as Gatland names squad for the **Autumn series**

NOTABLE absentees fom the 34-man squad for the autumn Dove Men Series announced on Tuesday by Wales head coach, Warren Gatland, were veteran prop Adam Jones and the versatile James Hook.

The only uncapped player is 20year-old Ospreys' prop Nicky Smith, along with 12 players who return after missing the summer tour to South Africa.

WELSH SOUAD

Forwards: Gethin Jenkins (Cardiff Blues), Paul James (Bath Rugby), Nicky Smith (Ospreys), Richard Hibbard (Gloucester Rugby), Emyr Phillips (Scarlets), Scott Baldwin (Ospreys), Aaron Jarvis (Ospreys), Samson Lee (Scarlets), Rhodri Jones (Scarlets), Alun Wyn Jones (Ospreys), Jake Ball (Scarlets), Bradley Davies (Wasps), Luke Charteris (Racing Metro), Dan Lydiate (Racing Metro), James King (Ospreys), Sam Warburton (Cardiff Blues, CAPT), Justin Tipuric (Ospreys), Dan Baker (Ospreys), Taulupe Faletau (Dragons).

Backs: Mike Phillips (Racing Metro), Rhys Webb (Ospreys), Rhodri Williams (Scarlets), Dan Biggar (Ospreys), Rhys Priestland (Scarlets), Cory Allen (Cardiff Blues), James Roberts (Racing Metro), Jonathan Davies (ASM Clermont Auvergne), Scott Williams (Scarlets), Hallam Amos (Dragons), Alex Cuthbert (Cardiff Blues), George North (Northampton Saints), Tom Prydie (Dragons), Leigh Halfpenny (Toulon), Liam Williams (Scarlets).

FARMERS ARE TAKEN TO THE CLEANERS

annual golf fixture involving members of the John Davies secured a further point Glamorgan Farmers' Golf against John Davies and John Walker. Society playing against their farming friends from the Horner and Andy Gully. Monmouthshire took place last Thursday at Whitchurch Golf Rees collected three points in their Club.

With a very strong team hand picked by society captain Mike King the odds were very much in favour of a victory for Glamorgan as they attempted to regain the inter county trophy lost in

dramatic fashion last year.

Playing for one point for the front nine, one point for the back nine and one point for the overall result of each match three points were at stake in each of the 13 games.

Unfortunately, the busy daily working schedule of the farmers from the land of milk and honey compared to the more relaxed approach from the farmers from Monmouthshire was soon in evidence.

Society captain Mike King partnered with society President Geraint Davies could only collect ½ point from the opening match against Steve Waters and Jonathan Davies, and Brian Jones and Ray Thomas could only pick up just ½ point in their match against John Duthie and Trevor Baker.

John Caines and Mike Lee were

whitewashed in their match against Ken Davies and Martin Ley while Dan Jarvis and Robbie Llewellyn suffered a similar fate against Tommy Price and Peter O'Toole

Hopes of a comeback by the host county Edwards and Martyn Edwards returned with three points in their match against Peter Harris and Nick Hill, together with a further 1½ points picked up by Godfrey Lewis and Jim Hayes in their halved match against Bill Thompson Harris. and Mike Daniel.

Veteran golfers Aubrey Thomas and as did Glyn Watts-Jones and Chris Rooney in their match against Jim

When Julian Golunski and Mark match against Graham James and Gwyn Thomas to be followed back to the clubhouse by Keith James and Trevor Wooding who returned with 21/2 points in their match against Andy Hilditch and Martin Richards signs of a Glamorgan victory were still possible.

Unfortunately, the expected late charge from the tail end of the Glamorgan team failed to materialise. Heavy defeats suffered by Bryan Owen and Keith Davies against Gary French and Gwyn Jones and then Clive Thomas and Tony McCarthy against John Anstey and Malcolm Francis proved decisive, and although Martyn David and Tim Jarvis secured one more point in their match against Alun Husband and Dave Chandler it was all to no avail leaving the Monmouthshire team victorious by 25 points to 14. This surprise result has now brought

the Monmouthshire Farmers level overall wins with both enjoying success on 12 occasions since the match was played in the early 1990s

with one match being halved.

Nearest the pin on the par 3 holes
were Johnnie Walker, Peter Harris, Tim
Jarvis and John Caines. Martin Ley hit the longest drive on the selected hole to win the longest drive prize.

Members of the Glamorgan Society were raised when Clive are now looking forward to their next monthly meeting scheduled for Thursday October 30 at the Monmouthshire Golf Club kindly sponsored by local NFU group sponsored by local NFU group secretaries, Julian Kelly and David sponsored by

T.McC

Madison and Treowen Rhys' make the perfect pony team

MADISON LOUISE DALLEY, a year-6 pupil at Pendovlan Church Of Wales Primary School and her pony Treowen Rhys, have certainly had a season remember.

Rhys is a Welsh Section A pony who was bred by Ann Rees at Treowen Stud, based in Ystradowen.

partnership gained early qualification for the Royal International Horse Show in both the 'First Ridden' and in the 'Home Produced' section. Following many wins and supreme titles at several local shows, they then qualified for Horse of the Year Show winning at the Derbyshire Festival the class. show

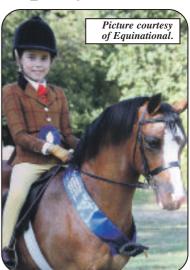
ow. In September, they Although Madison took Supreme Ridden at had previously won the the South West Pony Royal Welsh on her First A s s o c i a t i o n Ridden show pony, it Championship Show at foot perfect show was always her ambition the David Broome There was a was always her ambition the David Broome There was a huge to win the Welsh Equestrian Centre and round of applause and equivalent and this she recently, the family set cheers when Madison did with style at a very off from their home in warm Royal Welsh in Talygarn to compete at

In early August they show of the year, The then headed to Hickstead Horse of the Year Show then headed to Hickstead then headed to Hickstead at the NEC in the International Horse Birmingham. amazing particular they won Madison awoke at between pony and rider.

5am on October 8 to prepare Rhys for the big occasion. partnership was yet again fantastic and delivered a

recently, the family set cheers when Madison off from their home in and Rhys were placed Talygarn to compete at second out of a very strong class.

This was the icing on in successful season for this partnership



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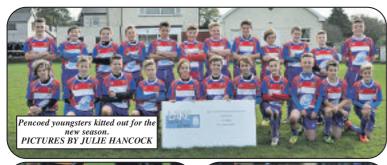


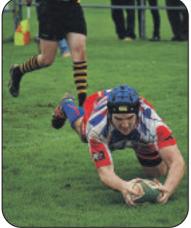
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Bonus point win for Pencoed RFC







PENCOED first XV bonus beating Taibach 41-

We scored seven tries, Williams landing three Megan Whittaker; the conversions; Rhys Pope under-13s earned a 40-12 was awarded man of win against Bryncethin.

away picked up another Beddau in the cup this point win, week - uncle is week - the club for a supporters bus, contact the club for more details.

The youth lost to but should have scored at Aberavon Quins 55-0, least three more, the while the Phoenix under-scores coming from Tom 16s won 25-12 against Cross (2), Gareth Treorchy, with tries by Prentice (2), Liam Halse, Kayleigh Powell (2), Rhys Pope and Christian Megan Griffiths, captain Powell, with Adam Amy Morgan, and JH





ATHLETIC STRUGGLE TO VICTORY

CONTINUED FROM PAGE 44

Team manager Paul Hearne summed up a generally disappointing Athletic display, saying: "We'll take the win but never really got going. Our scrum, driving play and decision making was poor on the day. Some forwards were lethargic and need to put the effort in during training this week if they want to be included away to Merthyr this coming Saturday. Mustoe added enthusiasm when he came on but we were well below par all over the field today. Merthyr away this Saturday and Pontypool home on November 1 will be a step up."

LLANHARAN 2ND XV 5

BRIDGEND ATHLETIC 2ND XV 33 Bridgend Athletic made it five league wins in five outings, four with bonus point victories, including this fixture at Llanharan in which they crossed for five tries in a 33-5 victory. They

comfortably top the league.

The pack laid the foundation for the victory scoring all five tries. Hooker Iestyn Merryman crossed for a hat trick and man of the match No 8 Robert Davies weighed in with a brace: outside half Scott Govan converted four of the tries

Three up at the start of narrowly e second half, the Abercynon grew

THE PORTHCAWL RFC JUNIOR RUGBY ROUND-UP

PORTHCAWL under-8s' first home game of the season saw them entertain Bridgend Sports, who brought good numbers allowing us to play two teams.

Bridgend brought with them a strong running game, where our defence needed to be on top form

In Phil and Stuart's group our defence was straight out of the blocks with Lewis leading the charge, coming out top tagger, tirelessly running out in defence, closely followed by Rose, Lex and

Dylan all putting in a great tagging performance.

This allowed our attack to exploit the gaps with Lewis, Rose, Lex and Samuel scoring great tries after great build up from the team. Samuel performed strongly all day, scoring three tries and delivering a strong performance in defence which saw him take the individual clubman award. achieving his personal objective by improving his tagging and taking the ball at pace as well as helping

Br

The performance in the first game was superb, winning 6-1 but in the second game the strong running of Bridgend, and our inability to hold the defensive line allowed Bridgend to exploit our dogleg defence going down 6-0.

In Rob's group of players we failed to wake up until the dying minutes of the second half. Our defence remained static allowing Bridgend to run hard at our line, and apart from Piers our defence were happy to watch world go by!

We continued to follow the ball like bees round honey for the remainder of the game, allowing Bridgend's strong runners to race ahead to an 8-0 lead, until Dewi and Ryan then scored, the first game finishing 8-2.

In the second game we were shocked into action and we started far more confidently in defence and attack, running hard at their gaps in defence allowing Dewi and Ryan to further add to the scoring along with Rose, who scored two long range efforts backing her pace and attacking the gaps.

Piers continued his strong performance in both attack and defence making a difference to the team, never letting his head drop even in the first game he was awarded the outstanding performance award.

The final score was 18-16 in our favour.

time in a while.

Try scorers: Dewi (6), Oscar, Rose (2), Lex, Lewis, Samuel (3), Ryan (2).

ROB HOOPER The under-9s hosted Bridgend Sports for the first

Off to our usual slow start, we seemed to play ourselves out of the chance of winning within minutes. Bridgend Sports on the other other hand gained more and more confidence and converted this into scoring attempts and finally tries.

Bridgend were deserved winners, with our only try coming at the death from a well worked move involving Grace, Dylan and Will off the back of a scrum; 1-7 was the final score and very much earned

by our respected opponents.

We need to attack as a team, which in truth we have gotten away with up until now with our faster players, while defending needs to be at least where it was last season. We were very impressed with the determination of all our players right at the end who were desperate to get over that try line and did so with some cool heads and straight running. We are better than our results might suggest and need to up all levels of our game.

Captain's comment: "Eight people were involved with our try, five in the scrum, Grace as scrum half, Dylan as decoy and myself (Will) as the runner. A try we deserved that we could not have scored unless we were together as a team." Try scorer: Will Thomas-Parker.

JASON PARKER

Sports' trip to the seaside is a fruitful one!

IT was a trip south confidence with Morgan Edwards setting off on a under-9s on Sunday morning for a game against the young Seaweeds Porthcawl RFC.

Playing three periods, ensuring all players shared game time, the young Sports squad continue to develop although this week's performance was not as good as the previous week. Nevertheless, the squad left the seaside with a fine win.

In the first half, Porthcawl started the game attacking the away team from the off; they were, however, met by a team determined and good defensive organisation eventually forced the home team into touch. From the restart, Sports' Joel Rogers broke from his own half and raced down the wing for a fine

opening score. to lead 6-0 Forthcawl restarted final third. and were met by a first up tackle from Callum Lewis; they managed to keep the ball live and looked certain to score, until an excellent cover tackle from Joel Rogers took the attacking player and ball into touch.

The Sports took ossession and attacked from deep again with a good period of play. Initially Dylan Morgan took play across field, but soon found supporting players
Mackenzie Dent, Ben
King, Tyron Davies,
Callum Lewis and Joel Rogers, who took play deep into opposition territory.

the ball in the tackle. Porthcawl restarted but pressure by the Sports led to a spilled pass. From the scrum, a pre-planned move saw Dylan Morgan cruise over the line for the Sports to take a 2-0 lead. Joel Rogers scored the third and final try of the first half after the Sports again forced a turnover.

defence with an elusive run, Tyron Davies and Dylan Morgan were on hand to move the ball out to Callum Lewis for him to claim his second try. The sixth try of the game was scored following a period of

determined run.

gained good ground then linked with Joel Rogers

who beat three defenders

before passing to Callum

Porthcawl tried, once

again, to attack from the

restart but despite pressurising the away side for a short period,

the young seaweeds lost

Sports player Tom Chick broke out of

possession.

Lewis for him to score.

solid running from Jodi Keane, Dylan Morgan, Iestyn John and Callum Lewis, with the latter player claiming his third try for Bridgend Sports to lead 6-0 going into the The final period of the

game was a more even affair with the Sports conceding a couple of penalties. The Sports scored first, following a run from Mackenzie Dent and then Cian John, who evaded several tacklers before returning a pass to Mackenzie Dent for him to score in the Porthcawl, to corner. their credit, dug in and finally managed to retain possession in attack which enabled them to test the Sports for the last period of the game.

Sports defended with Alex Stimpson, Dylan Morgan, Mason Balmer, They were held up just short of the line and lost Davies again putting in a solid performance. Porthcawl stuck at it and claimed their reward, with a try from the last move of the game, to make the final score 1-7 to the Sports.

Bridgend Sports host Abercynon at Newbridge Fields this Sunday and will be keen to improve on last season when they lost

A hole-in-one for local golfer

THE time was right for a Bridgend golfer when she scored a hole-in-one during a recent club competition to be rewarded with a limited-edition **BOSS** watch as recognition for the achievement.

Cheryl Western (50) scored her ace on the 137-yard, par-three 12th at her club, the Grove GC, and the eighthandicapper was rewarded with membership of the exclusive BOSS Watches H1 Club and a speciallycommissioned, commemorative

The luxury German brand has once again pledged to reward club golfers with an exclusive watch for every hole-inone recorded during a club competition in 2014 after giving away £600,000-worth of limited-edition mementos in 2013 - and Western is among the latest to achieve the feat

this year.
The scheme is open to any golfer whose club uses HowDidiDo - a free-to-use, web-based social network for golfers - and anybody playing in official club competitions is eligible. Currently, more than 1,800 clubs use the

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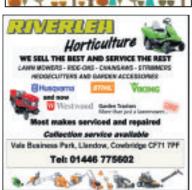
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PATRICIA

OLDING

Pat died peacefully in

hospital on Saturday,

18th October aged 83.

Beloved wife of Derek

and much loved mum. sister and nan

Public

Notice.

Goods

Vehicle

Operator's

Licence

Westcountry Cases Ltd of 7 Cavalier Road, Heathfield Industrial

Estate, Newton Abbot

Devon TQ12 6TQ is applying to change an existing licence as

follows: To add an Operating Centre to keep 2 vehicles and 0 trailers at **Unit 9**,

Kingsway Buildings, Kingsway, Bridgend Industrial Estate, Bridgend CF31 3YH.

Owners or occupiers of land (including buildings) near the operating centre(s) who believe that their use or enjoyment of that land would be affected, should make written

would be allected, should be allected, should

of this notice.
Representors must at the same time send a copy of their representations to the applicant at the

to the applicant at the address given at the top of this notice. A Guide to Making Representations is available from the Traffic Commissioner's office.

Situations Vacant

FABRICATOR/WELDER

Darlow Lloyd & Sons Limited is looking to recruit a Skilled Fabricator/Welder to work at its Port Talbot site.
The successful applicant must provide a close match to

- Ine successival applicant must provide a close matcr the following attributes:

 Capable of repairing buckets, excavators, loading shovels and various jobs associated with plant repair welding

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Passport to Safety

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VACANCIES

Darlow Lloyd & Sons Limited have vacancies at their Port Talbot site for:

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To apply please send your CV to : Darlow Lloyd & Sons Limited, Corneldu Mawr Farm, Heol-y-Cyw, Bridgend, CF35 6HL

Or alternatively email: darlowlloydadmin@btconnect.com

Birthdays



Happy 18th Birthday

Shannon Beames

24th October

Hope you have a fab day. Lots of love Mum, Dad, Kieran & Jessica xxx

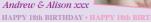


Happy 18th Birthday

Shannon Beames

24th October

Hope you have a lovely day, lots of love Nanny, Gramps, Andrew & Alison xxx



Jessica Mae **Fitzpatrick** Нарру Birthday



Lots of love from Mummy, Gareth & Jasmine, Nanny and Granshi and your Aunties, Uncles and Cousins

FFYRDD CARE A highly respected charity is seeking

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Family Notices

BURFITT **Ruby Mary** (née Copp)

Passed away at UHW on October 10, 2014. Ruby of Barry, beloved wife of the late Jack, much loved mum to Alan, Vivien, Elaine and Kenneth, devoted gran and great gran, cherished sister to Audrey and the late Peggy, Sydney, Beryl and Gwyneth, and much loved sister-in-law and aunt.

Ruby will be very sadly missed by her family and friends.

Resting at the Vale Funeral Home, 181 Court Road, Barry until the funeral service to be held on Friday October 31, at St John Methodist Church, Barry Island at 10.45am, followed by cremation at Cardiff & Glamorgan Crematorium, Port Road East, Barry at 12.00 noon.

Family flowers only. Donations in lieu, if desired, may be made directly to Ty Hafan. Further enquiries to the Vale Funeral Service on 01446 407962.

BAKER

Albert Raymond BEM 1923-2014

Passed away at Llandough Hospital on October 14 after a short illness. Beloved husband of Iris. Dearest father to Roger, Julia and the late Ceri. Cherished father-in-law, grandfather and greatgrandfather. Albert was the youngest brother in the former family coal merchants, W Baker & Sons Ltd of Gaen Street, Barry. He will be greatly missed by his family and many friends and

acquaintances.

Resting at AG Adams & Son Tynewydd Funeral Home, Gladstone Road, Barry until his funeral service in the chapel on Monday, October 27 at 11.30am, followed by cremation at the Cardiff and Glamorgan Memorial Park Crematorium, Port Road, Barry at 12.45pm. Family flowers only, please, but donations in lieu may be handed to the funeral director on the day or sent to Cancer Research Wales, Velindre Hospital, Whitchurch, Cardiff CF14 2TL.

GRIFFITHS Ceri John 'Griff'

Norma Griffiths and family are saddened at the unexpected death of Ceri John Griffiths, "Griff", of the Welsh Hawking Centre on Tuesday, 14th October 2014.

Griff's funeral takes place at Cardiff and Glamorgan Memorial Park and Crematorium, Port Road East, Barry, CF62 9PX on October 29 at 2.15pm. Mourners are invited to celebrate Griff's life at the Wenvoe Castle Golf Club after the service No flowers by request, donations for a memorial for Griff are welcomed. These can be sent to J James, 11 Fonmon Rd, Rhoose CF62 3DZ.

THOMAS **Brenda**

Peacefully, on October 16 at Llandough Hospital, Brenda of Llanmaes, beloved wife of the late Ian (Ianto), dearly loved mother of Stewart and

(Ianto), dearly loved mother of Stewart and Denise, dear mother-in-law of Jayne and Steve, a loving nan of Glyndwr, Liam and Blaine. Resting at the Private Funeral Home of W James & Sons, Fonmon. Funeral Friday, October 31, service Ipm at St Illtuds Church, Llantwit Major, followed by cremation at Coychurch Crematorium, Bridgend at 2.15pm. Family flowers only may be sent to the Funeral Home, donations in lieu, if desired, to Ty Hafan c/o Mrs C James, 11 Fonmon Road, Rhoose, Vale of Glamorgan CF62 3DZ.

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et, Liantwit Major

Son

STEDDY Bernice

Peacefully on Sunday, 19th October 2014 at the Princess of Wales Hospital, Bridgend. Bernice, of David Street, Wick, beloved wife of the late Robert, dearly loved mother of Paul, Helen and Nicola, will be sadly missed by all her family and friends.

Funeral on Monday 3rd November, service and interment at St. James's Church, Wick, at 2.00 pm. Flowers and enquiries to Penybont Funeral Services, Meadow St, Bridgend. Tel 01656 650831.

JOHN B. ROBERTS 1936 - 2014

Died peacefully in Abergavenny.

Much loved and missed by daughter Catherine, son in law Steve, and grandchildren Gwen and Rowan.

The funeral will be held at 2.45pm, 27th October at Coychurch Crematorium.

Donations to MNDa.

Lost & Found

Missing from St Athan and last seen in East Aberthaw

Lost 19/10/14 King Charles Cav x Beagle. Aisha is a very scared dog - do not approach!

Aisha is no longer wearing harness or collar and leads these were found on 20/10/14 on a footpath If you have any



barry-today.co.uk cowbridge-today.co.uk llantwit-major-today.co.uk porthcawl-today.co.uk bridgend-today.co.uk

information please ring 01446 750630 / 07910 531028

Cowbridge Comprehensive sports round-up





COWBRIDGE Year 7 played against St Richard Gwyn at netball.

The first game saw Cowbridge beaten 12-5 by a very good team who were strong in defence and accurate in attack. Alexa Browning, Cowbridge goal

shooter, was awarded player of the game.

In the second game Cowbridge lost again 8-0 with Hannah Martin being awarded player of the match.

Well done to St Richard Gwyn.
Team 1: Alexa Browning, Alice Rees, Amelie
Clode, Enma Jones, Caitlin Roy, Livvy Cross,
Lowenna Radcliffe, Ellie Williams. Team 2: Isabelle Gibbon, Emily Hodgkin, Josie Pix, Hana Martin,

Cyan McHardy, Molly Veysey, Seren Rees.

The Year 10 and 9 'A' team played against Bro Morgannwg Year 10 'A' and 10 'B' team. The Year 10 team played first, winning a good match 19-13. Annabel Hegarty was nominated player of the game for her accurate shooting and attacking play.

The Year 9 'A' team played the Bro Morgannwg Year 10 'B' team. At halftime Cowbridge led 5-1 and by full time won 15-2 with Tirion Evans being nominated player of the match for her excellent interceptions in defence.

interceptions in defence.
Year 10 team: Emily Forrest, Selina Radcliffe,
Nia Davies, Sophie Oddy, Hannah Sloan, Amy
Williams, Annabel Hegarry, Year 9 team: Olivia
Mitchell, Sophie Rees, Jordan Meek, Meriel Clode,
Molly Ward Tossell, Tirion Evans, Sarah Lewis,

GIRLS CROSS COUNTRY

The Cowbridge School cross country girls team competed in the South Wales Cross Country Championships at Trelai Park in very wet and muddy conditions.

The year 7 and 8 girls competed against each other. With 339 girls competing the Cowbridge girls did really well. Year 8 pupils - Sophie Hawkins came 9th, Charlotte Tudor 10th, Alice Coe 19th and Eve Demmer came 41st to complete the A team, who came 3rd behind Glantaf and Porthcawl.

The B team were made up of Year 7 pupils, Hannah Dixon came 43rd, Amelie Clode 45th, Isobel Annetts 53rd and Cyan Mchardy 59th. This team came 2nd behind Glantaf. In the C team Year 8 Eve Bird came 71st, Year 7 Jessica Burt came 93rd, Year 8 Ffion Hughes came 99th and Year 7 Safron Maurice came 107th to come 6th team. Maya Williams also ran coming home 122nd place. Án amazing achievement by all pupils.

In the Year 9 and 10 race Jessica Wadev Year 9 came 3rd in a really good battle with five other girls running together throughout the race. Year 10 Selina Radcliffe was next home followed by Meriel Clode in 29th and Georgia Armitage in 30th. This quartet

Mali Howell 41st, Year 10 Molly Ann Rees 60th and Year 9 Aimee Jones 62nd; the B team also came first. In the C team, Imogen Marlor came 78th, Sophie Oddy 82nd, Charlotte Bonney 86th and Alys Pritchard 87th - their team came second. The other runners were Lowri Morgan 99th, Megan Roberts 102nd and Jasmine Emery 106th.

Year 8 football team.

In the senior race, Year 11-13 girls ran together. Year 11 Cerys Bradshaw came 12th, Jemma Viney 20th, Year 12 Rebecca Thomas came 24th and Year 11 Libby Jervis came 29th to complete the team who came third behind Cardiff High and Glantaf.

A great result by all the Cowbridge runners in cross country race, the next race is the third and final league race of the season at Trelai on November 4.

FOOTBALL

The Year 7 football team played Plasmawr Comprehensive School on Monday, October 13. Fresh from their excellent 7-4 victory over Barry Comprehensive School, spirits were high.

At the start of the game, the astroturf pitch took the Cowbridge boys by surprise, but they soon settled down. Cowbridge started the game best, and created a number of chances, including Cole Saunders hitting the bar and Tom Evans putting the ball narrowly wide.

4-3; try scorers for the first half were Kelyn, Thomas L and Marcus.

and Rhys were replaced with Carwyn, Brandon, Owen and Dafydd. The second half was a very close game and

the boys made some excellent decisions to offload the ball and were

final score to Llantwit Major 7, Pontyclun 7; try scorers for the second

half were Thomas L, Brandon and Braydan with two.

An excellent morning of rugby where all players played their best

Llantwit Pontyclun came back, bringing the

great in defence.

At halftime Lewys, Marcus, Flynn

stuck to their guns and remained solid at the back. The first goal was scored by Cowbridge, with James Critcher making a menacing run into the box and neatly tucking the ball into the back of the net. Cowbridge looked the better team in the first half, but Plasmawr managed to score two goals in the last 10 minutes. One neatly taken goal, and a smash and grab meant the tides had turned and Plasmawr entered the second half in the lead.

Cowbridge were only in third gear, and had a lot more to give. The second half begin, but Cowbridge could not get a foothold in the match. Every pass so going a little too far, every shot was going agonisingly wide and every ball was bouncing the wrong way. Third gear did not progress to fourth or fifth, but the boys still fought on valiantly even though things were not going their way.

Plasmawr extended their lead with another long

range effort, which was unstoppable. Cowbridge did pull one back, with Tom Evans showing his skills off with a sweet double dummy and shot into the right hand corner.

Plasmawr on the day were just a little bit more organised than Cowbridge, and skill told on the bouncy, fast astroturf pitch. Cowbridge pushed and pushed for the third and equalising goal, but it would not come! Cowbridge then got caught on the break twice by Plasmawr, which made the final score 5 –

Well done Year 7! You all tried your best, but unfortunately the game did not go our way, although, it wasn't for the want of trying.

The game got off to a great start There will be more tests in the future, but we will with Llantwit taking the lead and the boys played well with some great earn from this and become a better team as a result. Player of the match: Jacob Tiessen. defending and offloading of the ball but at halftime Pontyclun took the lead

The Year 8 football team played Mary Immaculate Comprehensive School on October 14, in the first round of the Cardiff and Vale Cup.

The teams met last year in the quarter-final of the cup, with Cowbridge winning 6-5 in the dying embers of the game. Therefore, both sides knew the game was going to be a tough one.

The game started with Cowbridge taking control

of early possession and territory, although the odd bad pass was letting the side down. As the game progressed, Cowbridge looked dangerous.
Charlie Carr opened the scoring with an excellent

cut back inside, and a right-footed shot into the corner. From this moment on, Cowbridge continued to pressurise Mary Immaculate and before the end of the half was signalled, Cowbridge managed to sneak another goal.

The second half was a totally different game. Mary Immaculate were in the right positions at the right times, they were playing some outstanding tika-taka football, and Cowbridge started to struggle to contain them.

After 15 minutes of the second half. Mary Immaculate were awarded a penalty, and the ball was neatly dispatched by their captain. Mary Immaculate continued to control the game, and if it wasn't for a few great saves each from Charles Phillips and Arthur Jones, the scores would have been level. Cowbridge managed to hold on until the end of the game, and came through a tough game which ended in a victory.

Well done Year 8! You stuck in there and grinded out a victory. Player of the match: Will O'Connor.

NETBALL

Congratulations to Lydia Hitchings who has gained selection to represent Wales under-21s in netball and the under-19 Celtic Dragons. Cowbridge Year 8 A & B teams played against

Llantwit for the first time this year. Cowbridge A team took the lead within the first play and did not look back. The game consisted of four quarters and Cowbridge dominated. The defence denied Llantwitt any change of a goal while the attacks were taking every chance they had with some excellent shooting.

Final score 34-0, player of the match: Beth Edwards. Cowbridge B team's game was just as strong. Cowbridge started slow, however, once the first goal was scored there was no stopping them. In the first quarter Cowbridge were up 7-0 and showed brilliant defence and interception skills. Cowbridge continued to further their lead in each quarter and finished with a 28-0 win. Player of the match: **IG** Charlotte Tudor.

As the game progressed Plasmawr stamped more Next home was Year 9 Emily Jenkins in 35th and and more of their authority on the game. Cowbridge LLANTWIT MAJOR JUNIOR RUGBY ROUND-UP

WITH a squad depleted by injury and unavailability, Llantwit Major through the Taffs defence to put White through the Taffs defence to put White to score a try.

AmmoKnights travelled up the M4 corridor to visit Taffs Well hoping to push over the line at his mercy White to score a try.

After a great passage of play and corridor to visit Taffs Well hoping to push over the line to score a try. bounce back from last weekend's heavy defeat.

It didn't take long for the AmmoKnights to burst into life like the hot springs situated in the Cardiff village. Following some neat play the ball found its way to Morgan Greenaway who dummied and scampered through the Taffs Well defence before releasing open side Morgan Jenkins to score under the

Ethan White accepted the easy conversion and memories of last week's mauling begun to fade away.

It was Jenkins again who caused a turnover and some slick hands gave fullback Ben Moignard the space to outpace the cover defence and run the outpace the cover defence and run the 60 yards to score. Ethan White converted and no sooner had he got back into position when a quick Taffs Well kick off found him waiting to return the ball.

Ten seconds and 90 yards later he too was scoring under the posts, and as he got his breath he slotted the conversion and the AmmoKnights were 21-0 in the lead.

Taffs Well finally got into the game with a sustained period of forward play and crashed over from two yards to reduce the deficit to 21-7. The AmmoKnights had the last word of the half, when they again countered from the own 22.

Following turnover ball, the ball was spread wide again and Leighton Pawsey also fancied the long run to score under the posts and a conversion finished the half 28-7 in Llantwit's

The fans were still rushing back with the halftime coffee and bacon sandwiches by the time Ethan White had added two more converted tries to take his personal game tally to 27

points.
At 42-7 the AmmoKnight fans could hardly believe what they were seeing as the travelling team started to play some magical rugby. Taffs Well kicked off to Zac Williams who powered through several defenders and set up good second phase.

gratefully accepted to score under the posts. With conversions being posts. With conversions being cancelled due to several balls being lost in the woods behind the posts Llantwit were 47-7 up and looking for

Well attacker's hand. Davies then picked up the spilled ball and ran 40

picked up the spilled ball and ran 40 Wakeham for his awesome tack yards to reward his own endeavour.

The final try was scored when Morgan Greenaway intercepted on the halfway line and as he looked to slow before the line a strong gust of wind before the line as trong gust of wind owen Hill, Rhys Davies, helped him over the line for the final action of the match and a handsome Greenaway, Sam Alexander Roberts Loagus Pike 44 action of the 57-12 victory.

Llantwit under-10s were off on their travels again, this time to Pontyclun. With both teams having good numbers, four 10 minute quarters were played, letting all players have a good run.

a good run.

Sam A made the first fantastic run
down the line to score Llantwit's first
try. With Rhys G converting the try, it
was a good start for Llantwit.

From the restart Llantwit chased
everything, and Dylam M quickly

picked up loose ball and ran in two quick tries. Unfortunately both conversions were missed, but Llantwit were still doing well.

swap around, After a quick Pontyclun were pushing Llantwit's defence to work hard, and Corey and Cristian were tackling and rucking

It was Sam H who made the next run for the line after some great offloads scoring his first try of the match and Rhys G added the conversion.

some awasonic facking, Elantwit had turnover ball, and Owen ran off to score his second try of the match, which was converted by Josh. Sam A had two fantastic runs down

more.

A brief foray into the Llantwit 22 brought its rewards to Taffs Well who added a second try before the AmmoKnights added two more.

The first followed come discovered to the conversion, bylan W's conversion being the final play of the match.

With the fantastic referee from Pontyclun explaining to both side all. the touchline to score two more tries

AmmoKnights added two more.

The first followed some determined defence by Cian, whose powerful tackle knocked the ball from the Taffs final score 48-5 to Llantwit.

Man of the match went to Josh Wakeham for his awesome tackling.

Try scorers: Sam A (3), Dylan M (2), Owen (2) and Sam H; conversions:

Squad: Josh Wakeham, Sam Harry, Owen Hill, Rhys Davies, Corey Lougher, Dylan Morgan, Rhys Greenaway, Sam Alexander, Tom Roberts, Logan Pike, Abraham Roberts, Logan Fike, Abraham Farrell, William Harrison-Watt, Cristian Parry, Will Squance, Dylan Wright, Caleb Beare, Jamie Jenkins and Jack Evans.

Sunday saw the under-9s travel to Pontyclun with a turn out of 16 players; the coaches decided to play

players; the coaches decided to play two 10-a-side 20 minute matches. The players for the first match were Flynn Barry, Brandon Harris, Rhys Hoggarth, Carwyn John, Marcus Hanmer, Lewys Ingram, Owen Richards, Luca Howles, Dafydd Morgan and Corey Cox. This was an excellent game of rugby by both teams with some fantastic defending and offloading.

The score at halftime was 2-2 with the try scorers being Flynn and Brandon. The second half was a very close match where tries were scored on both sides within seconds of each other making the final score Llantwit Major 4 Pontyclun 5; try scorers for the second half were Flynn and Carwyn.

With Pontyclun on the back foot, it was Owen who finished this quarter with a try, the halftime score Pontyclun 0, Llantwit 29.

The players for the second match were Flynn Barry, Thomas George, Thomas Lamerton, Braydan Griffiths, Kian Barnett, Kelyn Joseph, James The next quarter saw Pontyclun Cavney, Rhys Hoggarth, Luca Howles and Lewys Ingram.

they are improving every week, keep it up boys. Men of the match were Thomas George and Marcus Hanmer. Llantwit Major RFC under-7s travelled the short distance to Pontyclun for a fiercely contested

local derby this Sunday. With a number of regular players absent through illness Llantwit were still able to field 14 eager kids with another new starter, Gethin Hollis, training well beforehand.

Llantwit started slowly and conceded a number of early tries before making a good comeback. Unfortunately it was too late and they ended up losing on the day 11-8 (7-5 and 4.3).

Top try scorer on the day was Dylan Godsell bagging a hatrick with other tries from Joel Harris. Theo Elsenburg. Oliver Ingram, Lloyd Morgan and Bleddyn Daw, who was also awarded Llantwit's man of the match - well done! This week the team welcome

Llantwit Fadre to the Rec.

Team: Bleddyn Mitchem, Dylan Godsell, Bleddyn Daw, Joel Harris, Theo Elsenburg, Harry Fisher, Sam Whitbread, Ifan Lovejoy, Oliver Ingram, Maverick Jennings, Lloyd Morgan, Aaron Moce, Evan Boult and

Racing world bids farewell to John Bowles

trainer and amateur rider John Bowles, who was aged 70. and who was well notice of his Jockey Club Money, which had been deception charges known to racegoers ban and would often turn backed from 33-1 to 8-1

He was decl in the Vale as he often ran his horses the Vale and at Cheltenham Racecourse at the Llangeinor, and other race meetings. Glamorgan and Pentyrch point-to- reporting at the Talybont suddenly in Ireland.

He was one of horse racing's most controversial characters and he lost his trainer's licence in 1980 and was 'warned off' for 20 years for his part in one of the biggest racing scandals

there has ever been.

A jury found him guilty of switching guilty of switching him! no-hoper In The Money with Cobbler's March, a winner of six races, in a selling handicap hurdle at Newton Abbot in 1978

In 1989, Bowles failed in an appeal court to clear his name and he told me then: "I am fed up not being able to take part in the sport I love and I am going to live in Ireland." Bowles, from Crickhowell, Powis,

Bowles, from Crickhowell, Powis, went to live in County Westmeath and in 1998 the Irish Turf Club granted him a licence to

Bowles took little

On one occasion I was points, has died Hunt Steeplechases and Hunt Steeplechases and was invited into the sponsors' tent. Imagine the first time in three my surprise when I discovered that the lo-year-old bay gelding, and a table, large jockey John Williams. In the Money's trainer, John of the Jockey Club, who had the sponsors and said to be a points and both of them were later disqualified. Sollowing a subsequent of the Jockey Club, who had the sponsors are supported to the sponsors of the sponsors are supported to the sponsors of th court with local owners and officials – and when he saw me admonished me writing bad things about

> Bowles, who trained at Killucan, Co Westmeath, saddled a number of winners in Ireland before he retired in 2009.

The biggest success he had was with Drewstown Lady which won a big backers. handicap hurdle race at the Galway Festival in 2000.

gentleman and character and a great friend

THE SCANDAL THAT SHOCKED However, the RACING WORLD

SULLY IBC DOMINATE OPPOSITION

Bridgend Saturday to play Championship, ensuring their second game points.

the new indoor With the rinks of Brian season, hoping to Griffiths, Mel Newman, continue winning having beaten first game.

Sully made changes to three their team to allow players who missed the first game an opportunity to show their form in readiness for selection for forthcoming games beginning Saturday beginning Saturday against Championship favourites Blaenau Gwent.

The game got off to a flying start for Sully who raced to a 28 shot lead by the fifth end and this increased to 42 by end 10 games, picking up 22 and ironically the only shots over the last four and ironically the only solutions visually rink struggling was ends ensuring a that of Martin Clarke, who after being top rink in the first game was being held at 10-10. in the first game was being held at 10-10.

oeing neid at 10-10. against Blaenau Gwent at As the game the Sully Stadium, 2pm progressed Sully were this Saturday (October proving too strong for their opponents and at FP

SULLY IBC visited end 15 were now 58 on shots ahead and at this stage the win was more Ogwr in the Clubs
Championship maximum

their Matthew Woodcock and ways Ken McLeod well ahead it was the remaining rinks of Brian Foscolo Newport in their and Clarke who at this stage were just six and shots ahead respectively and fighting to maintain their slender leads.

On the 16th and 17th ends Foscolo and Clarke dropped a further four shots, also McLeod's rink suffered a reverse of seven shots narrowing their lead to just three, but these reverses obviously hit home and the three rinks lifted their

the racecard as In The convicted

hurdle race. had netted him just £525

Hatherleigh

in prize money.

One bookmaker at the course, George Parsons, told me back then: "With 25 bookmakers on the course there was a in the point-to-point minimum of £15,000 to close season, while

With bets also placed Irish trainer Gordon the betting coup was professional trainer. Elliot, who knew him thought to be around well, said: "He was a £60,000, a considerable CHELITENHA a sum in 1978. Racecourse security officers began to make inquries as In The Money, later described as 'a pidgeon-toed broken down hack' had raced half-a-dozen or so times in the past and had failed to complete the course on

each occasion! Calling at Bowles' yard, they learned that the horse had been slaughtered at Bristol abattoir the morning after the race. Bowles said: "In The Money went lame and I did not wish to see the old boy suffer." However, after a tip from a former National Hunt jockey, who had been associated with Bowles, police asked him about another horse called Cobbler's March, a very

another horse called Urban Space land the Cobbler's March, a very Clip Exhibition And Display Handicap at Bowles claimed that Cobbler's March, which he had owned, had died a the Elopstow on his few months before. Previous start and the However, by an amazing oldest horse in the race, consistent of the property of the start of th pictures of

F O R M E R following year they fined Con August Bank mainly on photographic racehorse owner, him £IR1,000 after two Holiday Monday, 1979, evidence that Bowles trainer and amateur of his winners had tested bookmakers at Newton was given an 18 months positive for a prohibited Abbot were stunned suspended sentence and substance.

Abbot were stunned suspended sentence and substance.

He was declared a before bookmakers disqualified person by refused to take any the Jockey Club until the bookmakers disqualified person more money on it, year 2000, which was stormed home a 20 one of the severest lengths winner of the sentences to be handed by the business of the sentences to be handed by the business of the sentences. Selling out in the history of the turf.

The Money's trainer, John of the Jockey Club, Bowles, had to go to Hesperous, who had 1,100 guineas to retain brought off one of the the horse at auction biggest gambles in years following the race which when winning at the Glamorgan Steeplechases,

was disqualified grounds that he had been sharpened up by running in handicap hurdle events £20,000 paid out to Westwyn, a winner at the Gelligaer

meeting, at bookmaking shops disqualified for having throughout the country been trained by a

CHELTENHAM WINNER

Court Minstrel, a sevenyear-old bay gelding and a former useful handicap landed the novices chase at Cheltenham last Friday for Llancarfan's Evan Williams.

Ridden by stable jockey Paul Moloney, Court Minstrel scored by two-and-three-quarter lengths from Chris Pea Green and was made the 6-4 favourite in a field of

FLINT'S BATH WINNER

Bridgend trainer John Flint saw his eight-yearold chestnut gelding Urban Space land the

coincidence, a racecourse won by half-a-length photographer had taken from *Strait Run* at odds both of 10-1 and was ridden

Island Marine under-11 line-up



ISLAND Marine under-11 Richard Gwyn School. team squad are pictured sporting Admiral Insurance.

new coaches, Tony Ware, Nick Parsons area interested in being part of a playing kit sponsored by and Chris Harding, all of whom fun and friendly atmosphere and hold grassroots FAW coaching to improve their fitness and The squad train on Tuesday qualifications, are first air nights on the astro turf at St certified and fully DBS checked. qualifications, are first aid football skills along the way.

The club's aim is to get young The team currently have three children from around the local

BONUS POINT FOR SULLY SPORTS

WELL done to all players and supporters

As the game flowed, Ferndale slowly pulled their
of Sully Sports RFC who travelled on
way back into the game.
The second half started much the same as the first Saturday.

This was never going to be an easy match, but Sully Sports ran out winners 22-13 against Ferndale, and the seconds ran out comfortable winners against local rivals Sea View.

From the start Sports pressured Ferndale's 22, but unfortunately came away with no score. Ferndale used home advantage and soon had points on the

board with a well struck penalty.

As the referee allowed the game to flow and played quick advantage, again Sports kept the ball alive and pressure mounted in Ferndale's half. Jake Williams had several opportunities at the posts with penalties mounting up, but it was his strong running that rewarded him for his efforts, going over for the

first try of the day.

Again the pack stood tall, with Dai Harris growing in confidence, but the Ferndale defence gaining the upper hand it was close play that worked Stillman, Matt Phillips, Jake Williams. well for Jody Velda to go over for Sports' second try

half with both sides throwing everything in their armoury at each other, and strong defence and fast

attack ensured the supporters enjoyed a good game. Ferndale gained the upper hand after a few yellow cards but the young squad of the Sports plugged away at the home side, with Jake Williams crossing.

Sports again rallied and put more pressure on the defence, moving some 30 meters up the pitch with the pack and backs getting involved. Patience was rewarded with a try from captain Jon Blake, the game ending with Jake Williams converting, leaving the score on the day Ferndale 13, Sully Sports 22, ensuring a bonus point for the away side.

We entertain Tonyrefail in the cup this week, all

support welcome.

Team: Jody Velda, Jamie Griffiths, Sam Bowditch,

Dan Stillman, Antony Williams, Mike Angove, Gareth Foxall, John Thomas, Peter Brown, Jon stood strong and forced Sports to change tack. With Blake, Dean Russell, Rhys Manford, Dai Harris, the coach shouting for patience and the forwards Damion Huggins, Tim Dredge, Dave Weston, Dave

Scots outclass Wales in the rain

WALES rain in Workington as

Outclassed in pouring conversion.

The lead didn't last Christiaan Roets score in rain in Workington as Scotland, led by Danny Brough, scored three tries in the first 11 minutes of the second half to make a flying start to their E u r o p e a n C h a m p i o n s h i p

but fell away as mistakes crept in from the inexperienced youngsters giving Scotland a 42-18 win.

Rhys Williams had an early try denied for a forward pass but the converting. defensive
Dragons did take the lead A high tackle on converted.
on 10 minutes. Ollie Olds Morgan Evans was a sour The ra kicked and Rhys Williams collected well

were Ricky Hough missed the the last one, a good kicked high which

The lead didn't last Christiaan roces score in defence and David Score long. Danny Brough the corner - his 12th beat Tom Hughes to the scored in the corner Wales try, pulling level ball to extend the following a Welsh error with Iestyn Harris in the Scottish lead to 28-14. Then, from a penalty, himself. Brough created Hough failed to convert the second Scotland try with Wales 16-8 down at the second Scotland try from the first set after the break.
kick-off setting up Oscar An ear C h a m p i o n s h i p Thomas nicely to go over campaign.
The Welsh started well missed the kick.

Another Welsh error and Lewis Reece gave Scotland the scrum converted, but Scotland on Wales' 10 metre line. hit back straight away, on Wales' 10 metre line. hit back straight away, They didn't waste the Jonny Walker running

point of the first half but picked up and Scotland final it led to three successive utilised it to their conso

with Wales 16-8 down at

An early second half try for Wales gave them hope. Peter Lupton dived on an Ollie Olds grubber running They didn't waste the Johny Walker Tunning opportunity as Corbay through from their first Kilday scored on his set after kick-off debut with Brough following a Welsh converting.

They didn't waste the Johny Walker Tunning opportunity as Corba they are a converting to the property of th

The rain and wind

confused defence and David Scott

given too much space to through Scotland's sixth Brough missed the kick. The next try came from a good passing move left Wales exposed on the wing and Oscar Thomas set up David Scott to walk over. Brett Phillips added another Scottish try that Brough duly converted, which made it 42-14.

But Wales had the final say with a consolation try through Brough Connor Farrer.

pictures of both of 10-1 and was a Keniry. Cobbler's March and In by Liam Keniry. Williams collected well it led to three successive unlined a to ground in the corner. Wales penalties and from advantage. MMG battle in vain, but exit cup competition

ANOTHER home tie in the South Wales Intermediate Cup meant that MMG welcomed Brackla FC to Severn Avenue.

Brackla would have been full of confidence after winning 8-0 in the last round and they started the game very well with MMG struggling to get a foothold in the game.

After a sloppy opening 10 minutes, the game started to even itself out with both teams focusing on attacking.

Brackla took the lead when a well worked corner was nodded in at the **FP** back post. With both teams fully

committed, MMG drew level when a goal kick was flicked on by Michael Fallas and Josh Mazey turned fantastically 30 yards out and fired a shot low into bottom left corner of the

An unfortunate injury to Tim Lednor, meant a reshuffle with Anthony Connell pushing out wide and James Mason coming on up front. Brackla then took the lead for the second time in contentious fashion when a low cross was converted by the striker who was standing five yards behind the MMG defence.

MMG knew that they had to improve in the second half but they got off to the worst possible start by conceding a penalty within the first five minutes. The penalty was despatched well and a 3-1 scoreline looked bleak for MMG.

The introduction of new signing Dimitri Fallas provide effective straight away when he shimmied past two players and rifled an unstoppable shot passed the goalkeeper from 25 yards out.

With the score at 3-2, MMG really kicked on and started applying pressure to the Brackla back line. For the last 20 minutes, MMG took full control of the game, kept the ball well and started to create good goalscoring

chances

Solid goalkeeping and organised defence from Brackla coupled with the final ball not quite falling for the MMG attack meant that the game finished 3-2 to Brackla FC, MMG can be proud that they never gave up and gave a fantastic second half performance but on the day it wasn't enough to progress. Good luck to Brackla FC in the next round.

Thank you to our sponsors Masons Moving Group, Cwm Talwg, TFL Centre, Lock Publishing and Drive Star S.O.M.



Vale girls sail into the British top 10!

TILLY Matthews (16) from Barry who the squad is a fantastic goes to Ysgol Bro Morganwg and Jemma Viney (16) from Peterston Super Ely, who goes to Cowbridge Comprehensive School have been selected for the RYA 420 UK youth sailing squad, which is made up of the eight best youth (age 18 and under)

crews in Britain.

The RYA UK Youth Squad Programme is designed to enable the best British sailors to develop their racing skills so that they can achieve on the

international stage.

Qualification was based on results from two national championships. At the GB 420 Inland Championships at Carsington, Derbyshire, in mid September the girls put in an excellent series of consistent results over two days of competition, finishing in fifth place overall and winning a silver medal as the second female crew.

male crew.

The second qualification event was the GB 420 Autumn Championships held at Poole on the South coast at the end of September. This was a challenging event as there was a very light shifty wind all weekend and sailing conditions were made more difficult with a strong tide on the ebb.

The girls were a little disappointed with some of their results at Poole but their performance over the two events was good enough for them to be selected for the British squad.

Jemma and Tilly have only been sailing together for a year since moving on from single handed junior boats. Jemma has been sailing since the age of nine. She was in the GBR and Welsh National Optimist

squads and has represented GBR at International Events in France and Hungary.

Jemma who is a triplet and also has an older brother said: "All my family love sailing. My older brother Gareth sailed lasers and 29ers and now sails for Southampton University, my brother Sam sails a Feva and my other brother Matthew sails a 420 and as also been selected for the GBR 420 youth squad To have three sailors from Cardiff Bay Yacht Club in

Tilly has been sailing for four years: "I got the sailing bug after I went on a family sailing holiday in Croatia. On return home I went to Cardiff Bay Yacht Club and asked about dingy sailing. I learnt to race a Topper, was selected for the Welsh Topper squad and went on to represent Wales in several events."

Tilly had come as far as she could in a Topper and was looking for a new challenge when she was asked by Nick Sawyer, Cardiff Bay Yacht Club training coach if she was interested in sailing with Jemma as crew in a double handed boat.

The girls were introduced and hit it off straight away. They have travelled as far as Belgium, France and all over Wales and England in the last year to fulfill their dreams. They would like to thank Nick Sawyer and Cardiff Bay Yacht Club for their help and support; and Cardiff Pointe, the property Jemma's brother Matt, sailing with Dan Atherton developers at Cardiff Bay, who have sponsored the from the Isle of Wight, finished third and second girls over the past year, helping with the cost of travel to overseas events and enabling them to have extra specialist coaching.

Jemma and Tilly will train with the GBR and Welsh squads nearly every weekend all through the winter, with some longer sessions at half term and Christmas school holidays.

Their next event will be the Grand prix de L"Armistice at Bordeaux in France over half term with five days of racing. They are aiming for qualification for the European Championships next year and would love to progress into the 470 Olympic class.

MM

Bridge results

RESULTS for the Vale of Glamorgan bridge club for October 20:

1st Irene Thomas & Graham Jones 63.33%, 2nd Marjorie Morris & Linda Pinnock 61.67%, 3rd Alan Lewis &Terry Evans 60.42%.

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Barry darts singles league

AFTER three weeks closely followed by Dave of the Barry Darts Davies and John Hurn on Singles League, 18 points. Current singles champion Ritchie champion Ritchie Bouchor holds sixth the table with 20 position having played points with the help just two matches but of six wins from six winning both 5-0, so the matches.

a round robin format with each darter playing Slow starts to the with each darter playing each other twice during a season, each match being five legs long and being awarded for every leg point awarded to the winner for a 5-0 win. The extra point available could be available c extra point available could be invaluable at the season end to see who qualifies for the finals but is also leading the the table after three weeks but is also leading the table.

with Ritchie Bouchor.

5-0 John Hurn, Ritchie Bouchor.

5-0 John Hurn, Ritchie Bouchor.

Solution Solution All matches are kindly hosted by the Barry Island Sports and Social Cooke; John Hurn 5-0 Club each Tuesday from Alan Oliver and Richie Williams 5-0 Kevin Sheppard.

A good store

Sheppard. A good start to the participating, pop along season sees Richie and you'll be warmly Williams hold second welcomed. place with 19 points,

18 points, Current singles natches. expectation is Ritchie
The season consists of will climb the league

> season from Matt Bester and Alan Oliver see them languishing at the foot of the table in 11th and 12th

might.

After three weeks there have been just five 5-0 results, those being; Terry Williams 5-0 Alan Oliver, Ritchie Bouchor 5-0 John Hurn, Ritchie Boucho

Liam's golden Germany trip

1, The (World Organisation of Martial Arts Athletes) International German Championships took place.

The event was hosted by Sascha Schreiner and teenage martial artist Liam Rees (17) travelled to Vilsbibury, Germany to take part as a member of Team Wales. The event was

held over two days. The first day consisting of weapons and pattern forms. Day two consisted of

light continuous and points fighting.

Liam entered the advanced boys aged 15-17, and he fought comfortably through the rounds against some experienced fighters to take gold!

Liam also entered the mens 70kg and under

catagary where again he showed outstanding talent and took gold! He finished the day in winning style by fighting a German competitor and again taking

Liam is now in training for the W.O.M.A.A Series mens finals in November; his family would like to wish him the best of luck for this event. Thanks also to his sponsor W.O.M.A.A Fight Gear

It's raining medals at Cadoxton school!



ONCE again the Cunningham) had to pull Cadoxton School of Kwon Do joined forces with kick boxers from W.O.M.A.A.Wales to form a Welsh squad consisting of 17 competitors who flew into Munich to compete in the G e r m a n International Championships hosted by Master

Sascha Schreiner.
The event was held in Vilsbiburg and run with the usual German Vilsibility and run with the usual German efficiency; although this event was smaller then expected the level of competition was of a very high standard. The Welsh squad brought home with them 28 gold, 19 silver and three bronze medals.

Unfortunately two members contingent Cadoxton Lucia

out, leaving seven competitors from the Cadoxton School in the squad, competing in the Point and Continuous sparring, Traditional sparring, Traditional Forms, Weapon and Synchronised forms.

Cadoxton c o n t i n g e n t 's contribution was 12 gold, 12 silver and three bronze to the Welsh team's total. Maddison Allen won

gold in weapons, gold in traditional patterns, gold in continuous sparring and silver in point sparring; Cody Jacobsen won gold in weapons, silver in traditional patterns, point and continuous sparring; Joel Wells won gold in traditional Patterns, silver in point sparring, bronze in continuous sparring and bronze in weapons.

Cian Allen won gold in point & continuous sparring, and silver in

traditional patterns Lucy Newman won gold in weapons & traditional patterns, silver in point & continuous sparring: Matthew Bennett won gold in weapons, silver in traditional and synchronised patterns, silver in continuous sparring, while Bradley Halford won gold in traditional patterns and continuous sparring, silver in Synchronised patterns and bronze in point sparring.

Club instructor and

Master coach. Thomas, would like to thank all the family's and supporters of the school for their support and fund raising efforts without whom we could not have achieved our continual success.

Pictured are: Bradley

Halford, Matthew Bennett, Lucy Newman, instructor and coach Master Ron Thomas; Cian Allen, Joel Wells, Maddison Allen and Cody Jacobsen.

Barrivale bridge
LATEST results from Barrivale Bridge Club for October 14:

1st Joan Jenkins & Mick Green 66.67%: 2nd Dave Thomas & Tom Kendrick 55.00%; 2nd Dave Thomas & Tom Kendrick 55.00%; =3rd Jane Brook & Celia Thomas 53.33%; =3rd Denis Mottram & Ken Hannah 53.33%.

Joan Jenkins and Mick Green also won on

New members are always welcome at Barrivale. If you would like to join us ring 01446 418380 or 01446 733425 or call at the Pioneer Hall, Beryl Road, Barry on Tuesdays at 7.00pm.

The Dinas Wolves show their bite to make progress in Cup

DINAS Powys Wolves proved too strong wasted passes and stop starting did not allow the match to flow but the visitors looked the more likely

home side to take an early lead with a mix up in defence, and minutes later IMFC were awarded a somewhat dubious penalty when what looked to be a perfectly well timed tackle by skipper Fifield was adjudged to be a foul.

Thankfully the imposing figure of Morris made the goal seem small, as the home team player failed to hit the target from 12 yards.

The villagers then started to play their game and Hewitson and Williams combined well to free up Booker down the right wing. His cross caused confusion amongst the home side defence as they panicked to clear the ball and sliced it straight into their own net.

At halftime, with the score 1-1, Dinas regrouped and changed their shape. Dinas then had more quality attacks but the final ball was lacking. Eventually Quest put Hewitson through who coolly chipped the keeper from 15 yards.

The game never really got started as a lot of

Barry & District male skittles league

male skittles league

DiVISION 1:

(S.Germon 30) 267;

(N.Stephenson 29) 238, 268, Witchill Wizards
The Merrymen (C.Tipton 28); The

(A.Buckland 26) 259; Royalists (B.Wright 31)

Cavaliers (A.Rowles 30) 291, BP Break-aways
271, The Hairy Lemons (J.Rees 29) 285;
(S.Linney 26) 250; Geest Tynewydd Lads
(S.Galsworthy 32) 287, (A.Wright 28) 265,

Cavaliers (K.Davies, Posties (T.Gray 29) 280;
Cavaliers (K.Davies, Posties (T.Gray 29) 280;
B. St e p h e n s on , willie Wombles

P.Douglas, M.Weaver (I.Draisey 32) 284,
24) 255; Park Lads
(D.Baker 28) 274, 284.

Bunker Boys (S.Jeynes

P.Douglas, M.Weaver (I.Draisey 52) 204, 24) 255; Park Lads Abercrete (D.Arnold 32) (D.Baker 28) 274, 284. Bunker Boys (S.Jeynes 31) 280; Park Rangers Rail (D.Slugg 32) 274, (A.Hopkins, G.Owens 29) 259, 49'ers (G.Yarr 31) 250; C.U.D. 30) 273; The Merrymen (G.Shepppard 32) 271, (S.Tobin 33) 326, Park Lads (M.Jones 30) 303.; (A.Rosser 28) 257; West End Stars Cannon Balls (G.Currie (C.Alldred 27) 262, 29) 295, Billy Bluebirds (Colcot Boys (M.Elliott 34) 291. Monkeynuts (M.Dando Division 2: Barry 31) 295, West End Fliers Social (T.Richards 27) M.James, S.Evans 27) 238, Sea View (J.Stokes 272; The Alternatives 29) 241; Buffs Exiles (D.Roderick 28) 273, (B.Griffiths 27) 238, Castle Boys (G.Brooks Road Runners 29) 270; The Alternatives (L.Bennett 27) 266; (A.Harris 28) 252, Exiles (J.Miles 32) 297, 'H'Bells (B.Webb 32) Tynewydd Lads 275. HR

Dinas started the slower of the teams allowing the to add to the scoreline.

In defence Moss, Williams, Lewis, Frost and

Mallum looked too strong for the attacks thrown at them, while the midfielders Doughty, Harewood, Booker, Quest, Fifield and O'Brien tried to get their passing game going but struggled at times with the pitch cutting up. Hewitson, Saunders and Pereira in attack are a pain to any side with a good mixture of

strength, pace and skill.

Doughty sealed the match with a very well taken

goal to put the Villagers into the semi-final.

Morris and Stowell in goals each pulled off two
great saves but looked very comfortable.

Man of the match was awarded to Jacob Moss for some very well-timed tackles.

The home side put a really good fight in this fixture and certainly made it difficult for Dinas to play their passing game.



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Disappointing Ath performance... BUT THEY PICK UP THE WIN



Aled Thomas and Luke Hathaway burst through the Newbridge defence, while (above right) Jake Williams shrugs off a tackle. PICTURES BY GLENNSPORTS

BRIDGEND Aled ATHLETIC won on intercepted. He pinned successive weekends with a hard fought 25-20 win over the line with a penalty from wing full back Ryan Lee. Newbridge, restored

points the previous week pass to the supporting against Blackwood, went one better with six Howells who crossed for penalties and a his fifth try of the season. penalties and a his fifth try of the season. The words of the season conversion for 20 points White converted to open this time, to stretch his up a 13-0 advantage. They put on a drive points tally for the season When the Newbridge forcing the Athletic to

first of his penalties. no mistake with Continued pressure penalty to extend the lead resulted in a second to 16-0.

White penalty after 12 Despite the 14 men the

and were moving the ball their foot off the peddle and was given across their back division and became very sloppy, minutes off the fiel just 10 metres from the During this sin bin Athletic line when centre period they narrowed the

25-20 win over try line, where rather to 15 players, opened the try line, where rather to 15 players, opened the pursuing second half very strongly than risk the pursuing second half very strongly than the pursuing that the pursuing the pursuing that the pursuing that the pursuing the pursuing that the pursuing the pursuing the pursuing that the pursuing Newbridge.
Outside half Josh Newbridge defence
White, who scored 19 catching him, threw out a Athletic full back Dan

Newbridge side started to Newbridge finally dominate up front as the broke out of their half Athletic seemed to take

Thomas half time deficit to 16-8

and gained ascendancy at the set scrum. When the Athletic were penalised at a five metre scrum Newbridge elected for

lock pulled down an concede a penalty try The Athletic with a Athletic player in the air converted by Wilks to slight wind advantage at a lineout the Athletic reduce their deficit to a started the game very were awarded a penalty single point at 16-15. briskly and within two and the lock was sent to minutes White kicked the sin bin. White made extended the Athletic lead to 19-15.

The Athletic were reduced to 14 players when scrum half Jake Williams ignored the referee's advice at a ruck minutes off the field for bin his transgression.

> Newbridge advantage of a reshuffled Athletic back division Full back Ryan Lee gathered a high clearance kick on the touchline just inside his own half and sprinted strongly along the touchline. Some woeful attempts to tackle him saw a clear passage to touch down in the corner to put Newbridge ahead for the first time a 19-15.

sobering effect on the lethargic Athletic pack and, led by man of the match Dan captain Sean Williams and Simon Mustoe staged a fightback with patient passages of forward play. Newbridge were not averse to giving away penalties to stop the Athletic drives and



Scorpions learn fixture fate

SOUTH Wales Scorpions will open their 2015 Kingstone Press League 1 season with the south Wales and west local derby, away at University of Gloucestershire All Golds.

The match will be played on Good Friday April 3, at the Prince of Wales Stadium in Cheltenham (kick-off

3pm).
The Scorpions will launch their home league season on Sunday, April 12, when they host ondon Skolars at Mountain Ash RFC

games against North Wales Crusaders will be on May 10 in the south and July 12 in the north

on the road', one at which games will be taken to which venue will be decided in the next few weeks.

Rod Apsee

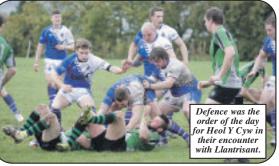
charges to

Scorpions coach Mike Grady said: "It's a tough start for us against All Golds, they were close fought games last year. We managed to get bonus points from two games and were unlucky not to win one of them losing by only two points. It's our derby match due to location and it adds a bit of spice with them having Welsh lads in their squad.

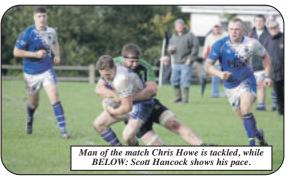
"It's a tough fixture list and I expected nothing less. We will have to be switched on and focused for 80 minutes week in week out against every side in the division."

The season will start in March with potentially three rounds of the new League One Cup and two rounds of the Challenge Cup; these fixtures will be announced when known

Gatland names squad for Autumn internationals - see page 32 for full story.



HEOL Y CYW HANG ON TO **EDGE GAME**



HEOL Y ventured away to Llantrisant on the back of two consecutive defeats, knowing a slip up would cost the club both in league position and confidence.

The game started and almost immediately Llantrisant went in front through a Montague penalty after Cyw infringed. Another penalty attempt was narrowly wide following

a high tackle by Cyw. Cyw's first dramatic action of the game came from a well worked attack featuring wing Paul Songhurst and full back Scott Hancock, both showing speed and handling skills before the move eventually broke defence down.

when the referee finally an unconverted try to awarded a penalty lead 8-6. against the home team, This awarded a penalty lead 8-6.

This made Cyw everything at the Cyw outside half Rhys redouble their efforts and the Cyw outside half Rhys redouble their efforts and the Cyw outside half Rhys redouble their efforts and the Cyw outside half Rhys redouble their efforts and the Cyw outside half Rhys redouble their efforts and the Cyw outside half Rhys redouble their efforts and the Cyw outside half Rhys redouble their efforts and the Cyw outside half Rhys redouble heir efforts and the Cyw outside half Rhys redouble heir efforts and the Cyw outside half Rhys redouble heir efforts and carried held on and breathed a minutes of the first half a backwards by Wayne collective sigh of relief at snap move by prop Howe and Stuart Nation; the final whistle, the final forward Darren Oram the referee deemed it a sore 12-11; the man of and second row Chris spear tackle and gave the match award went to John almost saw Cyw both a yellow card and Chris Howe.



the ball was spilled and the chance went begging. a red card The half ended 3-3

In the second half Cyw conceded further winning the game but penalties when in attacking positions and could not break down Llantrisant's defence, lead at 8-9, Montague Winger Songhurst had a kicked another penalty Llantrisant's defence. few twisting runs at the defence but all opportunities fizzled out.

down.

Another break was made by flank forward another penalty and Rhys Adam O Driscoll with a delicate grubber kick over to take the score to towards the posts but 3-6. For a large period of covering Llantrisant the half the score defence managed to remained static until scramble the ball away. After a rash of penalties against Cyw, forced their way over for when the referree finalty an unconverted try to

Down to 13 men it looked ominous another penalty, converted again by Thomas, reclaimed the lead at 8-9. Montague all Cvw were restored to 14 men and, with the score standing at 11-9 going into the final few minutes, Cyw were awarded another penalty.

With the travelling supporters watch anxiously Thou showed coolness watching converting for slenderest of leads.

In the final moments Llantrisant threw

BRIDGEND BRIDGE CLUB

THE results for early. Bridgend Bridge On Thursdays from Club for recent Nolton Church Hall,

events are:

Wednesday, October 15, the club teams event-First, John Henson, Geoff Tinkler, David Bowen and David Crompton; Second, Marjorie Morris, Bill Turner, Steve Burgoyne and Ann Fox; Third, Simon Richards, Roger Penton, Tony Ratcliff and Julian Pottage.

Friday, October 17

Nolton Church Hall, there are gentle bridge sessions for the less experienced where assistance is readily available.

The best placed improvers for October 10 Turner, Steve Burgoyne were Colin Lewis, Stuart Davies, V Irene Thomas, Simon Richards, Roger Penton, Tony Ratcliff and O'Hagan and Diane Friday, October 17

Julian Pottage.
Friday, October 17
First, Colin and Hazel
There are lessons on Thursdays at 11am, also

Margaret Williams.

Regular club nights their bidding and card play.

Wednesdays and Fridays at Nolton Church Hall at 7pm. We try to start at 7pm so it helps if people arrive at least 10 minutes

Mite was the White was the beneficiary as he kicked two late penalties to put the Athletic 25-20 ahead, and boost his points tally to 20 points on the day.

CONTINUED

ON PACE 32

Reynolds There are lessons on

First, Colin and Hazei Thursdays at 11am, also at Noton Church Hall - vaughan and Irene Thomas; Third, Dian Jones and Pat Cogbill. Winners on handicap - V. Irene Thomas and Margaret Williams.

(kick-off 3pm).
The big Welsh derby

Three games will be Cardiff Arms Park, one at Stebonheath Park in Llanelli and one in Maesteg. A decision on